




GRANT GOVT MEDICAL COLLEGE & SIR J.J. GROUP OF HOSPITALS
DEPARTMENT OF PSYCHIATRY
MUMBAI, MAHARASHTRA, INDIA 400008




TEACHER'S INFORMATION FOR NMC

Name of College/Institute: GRANT GOVERNMENT MEDICAL COLLEGE, MUMBAI

Name of Department	Department of Psychiatry
EMAIL ID	psychiatryggmcjjh@gmail.com
Telephone number:	02223222343
Direct number:	02223222343
Extension number:	2343

Designation	Number	Name of Faculty	Total no. of Admission (Seats)
Professor and Head	1	Dr. Vanshree Patil	8
Associate Professor	2	Dr. Maithili Umate Dr. Sarika Dakshikar	
Assistant Professor	2	Dr. Madhav Bhondave Dr. Richa Panpaliya	
Senior Resident	2	Dr. Shaikh Mujahid Dr. Rohit Tenpe	

Sr. No.	Name of the Teacher	PHOTO	EDUCATIONAL QUALIFICATION	LATEST DESIGNATION	DATE OF JOINING	REGISTRATION NO. MMC
1.	Dr.Vanshree Patil		M.D Psychological Medicine(1999), DNB Psychiatry (2003), DPM (1999)	Professor and H.O.D	01/09/2021	MMC - 079579
2.	Dr. Sarika Dakshikar		MD Psychological Medicine (2004)	Associate Professor and H.O.U.	26/02/2010	MMC 1254/02/2000
3.	Dr.Maithili Umate		MD Psychological Medicine (2006) and DNB Psychiatry (2008)	Associate Professor	03/05/2007	MMC 2001/03/1313
4.	Dr.Madhav Bhondave		M.D Psychiatry (2022)	Assistant Professor	05/06/2024	MMC 2015/09/4841

5	Dr. Richa Panpaliya		M.D Psychiatry	Assistant Professor	03/12/2024	MMC 2019/03/1144
6	Dr. Shaikh Mujahid		M.D Psychiatry	Senior Resident	12/11/2024	MMC 2016/08/2129
7	Dr. Rohit Tenpe		M.D Psychiatry	Senior Resident	06/01/2025	MMC 2009/03/1508

DEPARTMENT OF PSYCHIATRY				
THESIS TOPICS				
BATCH 2021-2022				
SR NO.	NAME	GUIDE NAME	TOPIC	YEAR OF ADMISSION
1	DR. ABHIJEET HOLAMBE	DR. VANSHREE PATIL	A cross sectional study of attention deficit hyperactivity disorder in adults seeking treatment for cannabis use disorder in a drug treatment center in a metropolitan city.	2021
2	DR DEVINA DABHOLKAR	DR. VANSHREE PATIL	A cross sectional study on the association between psychiatric illnesses and coping mechanisms in spouses of patients with alcohol use disorder in a tertiary care hospital in a metropolitan city	2021
3	DR SHEETAL MESHRAM	DR. VANSHREE PATIL	A cross sectional study of Religious Beliefs, Faith healing practices and treatment seeking attitudes in patients with schizophrenia in a tertiary care hospital in a metropolitan city.	2021
4	DR FAIZAAN FAIZEE	DR. SARIKA DAKSHIKAR	A cross sectional study of correlation between personality profile and sociodemographic profile in patients with opioid use disorder attending tertiary care de-addiction services in teaching institute of a metropolitan city	2021
5	DR ABHAY BHAT	DR. MAITHILI UMATE	Correlates of socio-demographic profile and cultural attitudes on the phenomenology of major depressive disorder: a cross sectional study in a tertiary care hospital in a metropolitan city	2021
6	DR SHASHANK LOWANSHI	DR. YUSUF MATCHESWALA	A cross sectional study of factors associated with drug compliance in patients with schizophrenia In a tertiary care hospital in a metropolitan city	2021

BATCH 2022-2023				
1	DR VISHAL CHAUKHE	DR. VANSHREE PATIL	A cross-sectional study of emotional intelligence and suicidal intention among patients presenting with deliberate self-harm in a tertiary care hospital in a metropolitan city.	2022
2	DR KASHMIRA BHELONDE	DR. VANSHREE PATIL	A study to assess the knowledge, attitude and confidence in providing care towards the lesbians,gays,bisexuals and transgenders amongst junior residents of a tertiary care hospital in a metropolitan city.	2022
3	DR PUSHTI BHATIA	DR. VANSHREE PATIL	Psychological distress, burden, and coping mechanisms in caregivers of patients with schizophrenia in a Tertiary Care Hospital in a Metropolitan City: a cross sectional study.	2022
4	DR URVI SUKHADIYA	DR. MAITHILI UMATE	A cross sectional study of association between behavioural problems and age & severity among children with intellectual disability attending tertiary care centre.	2022
5	DR ARCHITA GUPTA	DR. MAITHILI UMATE	A cross-sectional study of personality traits and childhood trauma in deliberate self harm patients in a tertiary care hospital	2022
6	DR KAPIL EDWANKAR	DR. SARIKA DAKSHIKAR	To assess the relationship between abuse vulnerability and the quality of life in the geriatric population visiting a tertiary care teaching hospital	2022
7	DR NEHA WADATE	DR. SARIKA DAKSHIKAR	A cross sectional study to correlate cognitive insight and adherence to treatment in patients of bipolar disorder attending outpatient department at a tertiary care hospital.	2022
8	DR ARHITA SAWANT	DR. SARIKA DAKSHIKAR	A cross sectional study assessing the correlation between coping mechanisms and quality of life in population having spousal loss in Geriatric age group.	2022

9	DR RAHUL DONGRE	DR. NISHIKANT THORAT	A cross sectional study of relationship between insight medication adherence and disability in schizophrenia patient in a tertiary care hospital in metropolitan city.	2022
10	DR PRIYANKA CHANDAK	DR. NISHIKANT THORAT	A cross sectional descriptive study of sociodemographic factors and its correlation with quality of life in patients with anxiety disorder in a tertiary care hospital in a metropolitan city.	2022

BATCH 2023-2024				
1	DR. ANIKET LAMBAT	DR. VANSHREE PATIL	A Cross-Sectional Study To Assess Correlation Between Cognitive Function And Sociodemographic Factors In Patients With Schizophrenia In A Tertiary Care Hospital	Year of Admission
2	DR. PRAGATI KARANDE	DR. VANSHREE PATIL	Coping Mechanisms In Caregivers Of Patients With Bipolar Disorder In A Tertiary Care Hospital In A Metropolitan City: A Cross- Sectional Study	2023
3	DR. PALLAVI NARHARE	DR. VANSHREE PATIL	A Cross Sectional Study To Assess Correlation Between Cognitive Deficit And Sociodemographic Factors In Patients With Type 2 Diabetes Mellitus In A Tertiary Care Hospital In A Metropolitan City	2023
4	DR. MAHESHWARI PARADE PATIL	DR. SARIKA DAKSHIKAR	A prospective study of relationship between clinical recovery and personal recovery in schizohrenia and factors affecting it	2023
5	DR. VISHAKHA KATARE	DR. SARIKA DAKSHIKAR	Cross sectional study of aggression and its associated factors in patients of schizophrenia in tertiary care hospital.	2023

6	DR. ROSHAN REJI PHILIP	DR. SARIKA DAKSHIKAR	A Cross Sectional Study Assessing Level Of Cognitive Insight In Patients Of Schizophrenia And Its Correlation With Various Clinical And Sociodemographic Factors In A Tertiary Care Hospital In A Metropolitan City.	2023
7	DR. ASHWIN WALKE	DR. MAITHILI UMATE	Correlation between severity of alcohol dependence with age of onset and family history	2023
8	DR. SUPRIYA GURRAM	DR. MAITHILI UMATE	Cross-sectional study regarding prevalence of psychological stress, depression and anxiety in parents of children suffering from Autism spectrum & comorbid neurodevelopmental disorders	2023
9	DR. SALONI SHARMA	DR. MAITHILI UMATE	Assessment Of Knowledge, Attitudes And Stigmas Towards Mental Illness In Indian Nursing Students	2023

ACADEMIC ACTIVITIES

1	Seminars (PG Activities, University seminars)
2	Journal Clubs
3	Case Presentations
4	Group Discussions
5	Physical Conference / Continuing Medical Education (CME) organized
6	Symposium
7	Undergraduate Teaching

Postings of PGs in other departments/elsewhere:

a) Departments	Medicine, Neurology
b) Other Institutions	Gokuldas Tejpal Hospital, Fort, Mumbai.
c) District/State/Health Organization. (including District Residency Program)	Rajawadi Hospital, Ghatkopar (E), Shatabdi Hospital, Govandi

- PG students are posted outside the department at least for the minimum period as specified in latest curriculum: Yes
- Involvement of PG students in UG teaching – Yes.
- Health day celebrations – Yes

1. Mentorship of Undergraduate & Postgraduate students.
2. Research activities – engagement of postgraduate students on research on topics of psychiatric importance.
3. Health Camps – Involvement of Postgraduate students in health camps in partnership with Government health programs.
4. Health Awareness and Education Campaigns – Organization and participation in awareness campaigns on health topics such as Mental health and Substance use

Services available: Psychiatry OPD and IPD, Electro-convulsive Therapy (ECT), rTMS, Psychological testing, Counselling and Psychotherapy, Child psychiatry clinic, Geriatric psychiatry clinic, UDID psychiatric services, Tobacco Cessation Centre (TCC), Deaddiction clinic.