

**DEPARTMENT OF COMMUNITY MEDICINE
GRANT GOVERNMENT MEDICAL COLLEGE &
SIR J.J. HOSPITAL BYCULLA, MUMBAI, INDIA. PIN: 400008 TEL:
+91 22 23735555 Ext: 2309/2331
EMAIL: psm.gmcjjh@gmail.com**

List of fulltime faculties in NMC approved medical colleges:

Month and year of submission of details: September 2025

Sr No	Faculty Name	AEBAS Attend	Medical Registration Number	Professional Qualification	Department	Designation	Nature of Employment	Total Teaching Experience
1	Geeta Shrikar Pardeshi	90874807	78841	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Professor and Head	Permanent	23y 1m
2	Ranjit Jayant Mankeshwar	09329884	63099	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Associate Professor	Permanent	33y 10m
3	Lalitkumar Raghunath Sankhe	72229817	2000/03/1933	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Associate Professor	Permanent	25y 9m
4	Chhaya Nitin Waghmare	84950046	2000/02/1073	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Associate Professor	Permanent	18y 3m
5	Rakesh Balaji Waghmare	40619726	2009/10/3462	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Associate Professor	Permanent	8y 8m
6	Pallavi Devendra Taide	42046912	2002/02/0542	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Associate Professor	Permanent	14y 3m
7	Prashant Vilas Howal	09591719	2004/04/2146	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Associate Professor	Permanent	15y 2m

8	Mandar Krishnakumar Sadawarte	18132734	2009/11/3676	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Assistant Professor	Permanent	9y 3m
9	Archana Rajesh Meshram	94563408	NA	Biostatistician	Preventive and Social Medicine	Statistician Cum Assistant Professor	Permanent	24y 2m
10	Sonal Dipak Shetye	45529810	2018/06/3255	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Assistant Professor	Contractual	3yr 9m
11	Uma R Nair	95161206	2021/07/6903	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Assistant Professor	Contractual	3y 7m
12	Anand Vijay V L	54994357	2023/09/6548	MD Preventive and Social Medicine (PSM)	Preventive and Social Medicine	Assistant Professor	Contractual	3y 4m

Staff Details

Sr No	Name	Photo	Educational qualification	Latest designation	Registration Number MMC
1	Dr. Geeta Shrikar Pardeshi		MBBS, MD, MPH.	Professor & Head	0788431 1999
2	Dr. Ranjit Jayant Mankeshwar		MBBS, MD.	Associate professor	63099 24/01/2008
3	Dr. Lalit Raghunath Sankhe		MBBS, MD.	Associate Professor	2000031933 28/03/2000

4	Dr. Chhaya Nitin Waghmare		MBBS, MD.	Associate Professor	2000021073 22/03/2000
5	Dr. Rakesh Waghmare		MBBS, MD, DNB.	Associate Professor	2009/11/3676
6	Dr. Pallavi Anil Uplap		MBBS, MD.	Associate Professor	2002/02/0542

7	Dr. Prashant Vilas Howal		MBBS, MD, AFIH.	Associate Professor	2004/04/2146
8	Dr. Mandar Krishnakumar Sadawarte		MBBS, MD, DNB.	Assistant Professor	2009/11/3676
9	Mrs. Archana Rajesh Meshram		MSc Statistician	Biostatistician cum Assistant Professor	Not Applicable

10	Dr. Sonal Dipak Shetye		MBBS, MD.	Assistant Professor	2018063255
11	Dr Uma R Nair		MBBS, MD.	Assistant Professor	2021076903
12	Dr Anand Vijay V L		MBBS, MD.	Assistant Professor	2023/09/6548
13	Dr. Milind Nilkanth Awad		MBBS, MD	SENIOR RESIDENT	2018/05/2330

14	Dr. Erum Naaz		MBBS, MD	SENIOR RESIDENT	2024098913
15	Dr. Chayanika Biswas		MBBS, MD	SENIOR RESIDENT	2023/02/0466
16	Dr. Neha Nitin Shet		MBBS, MD	SENIOR RESIDENT	2020/12/6933
17	Dr. Supriya A. S.		MBBS, MD	SENIOR RESIDENT	2022129603

18	Dr. Aditi Anil Rathod		MBBS, MD	SENIOR RESIDENT	2021076960
19	Dr. Lokesh Raaj Krishna R. S.		MBBS, MD	SENIOR RESIDENT	2019/09/6170

RESIDENTS

Sr No	NAME OF THE RESIDENT	NAME OF GUIDE	TITLE OF THESIS	ADMISSION YEAR
1.	DR ZAINAB WARISHA 29-OCT-2022	DR GEETA PARDESHI	ASSOCIATION OF GENDER WITH SELF-MANAGEMENT OF TYPE 2 DIABETES MELLITUS AMONG PATIENTS ATTENDING OUTPATIENT DEPARTMENT OF HEALTH CARE CENTERS IN A METROPOLITAN CITY - A CROSS-SECTIONAL STUDY	2022
2.	DR. ARJUN RAMCHANDRA JOSHI 25-OCT-2022	DR ANJALI MALL	A COMMUNITY BASED CROSS SECTIONAL STUDY TO EVALUATE ECCE COMPONENT OF ICDS PROGRAMME IN ANGANWADI WORKERS IN TRIBAL DISTRICT OF MAHARASHTRA.	2022
3.	DR. ANJANA I 29-OCT-2022	DR CHHAYA RAJGURU	A CROSS-SECTIONAL STUDY TO ASSESS MINIMUM ACCEPTABLE DIET AND INFLUENCING FACTORS AMONG 6-23 MONTHS OLD CHILDREN IN A TRIBAL DISTRICT OF MAHARASHTRA	2022
4.	DR. SAMPAT NAGNATH SURYAWANSHI 1-NOV-2022	DR PALLAVI UPLAP	ASSESSMENT OF BREASTFEEDING PRACTICES AND FACTORS ASSOCIATED WITH IT- A CROSS-SECTIONAL STUDY AMONG MOTHERS IN A TRIBAL DISTRICT OF MAHARASHTRA	2022

5.	DR SUMANA MUKHOPADHYAY 14-NOV-2022	DR PRASHANT HOWAL	COMMUNITY BASED CROSS SECTIONAL STUDY TO ASSESS PREVALENCE OF ANXIETY DISORDERS AMONG ADOLESCENTS IN RURAL AND URBAN AREA OF WESTERN INDIA	2022
6.	DR. DINESH A 24-NOV-2022	DR ANJALI MALL	A DESCRIPTIVE STUDY ON HEALTH-RELATED QUALITY OF LIFE AND TREATMENT ADHERENCE OF PATIENTS HAVING TUBERCULOSIS WITH DIABETES MELLITUS ON ANTI-TUBERCULAR THERAPY IN A TERTIARY CARE HOSPITAL OF A METROPOLITAN CITY	2022
7.	DR. MALA ASHWINI 24-NOV-2022	DR MANDAR SADAWARTE	THE IMPACT OF STILLBIRTH ON MATERNAL MENTAL HEALTH IN TERTIARY CARE HOSPITAL IN MAHARASHTRA: A DESCRIPTIVE CROSS- SECTIONAL STUDY	2022
8.	DR. RINAL GOVARDHAN BISEN 7-NOV-2022	DR RANJIT MANKESHWAR	ASSESSMENT OF ADHERENCE TO TREATMENT IN PEDIATRIC TUBERCULOSIS PATIENTS AT A TERTIARY CARE HOSPITAL: A CROSS- SECTIONAL STUDY	2022
9.	DR. NITA KHELBA GATE 7-NOV- 2022	DR GEETA PARDESHI	A CROSS-SECTIONAL STUDY COMPARING THE PREVALENCE AND PATTERN OF SELF MEDICATION AMONG ADULT AND ELDERLY PATIENTS ADMITTED IN A TERTIARY CARE HOSPITAL	2022

10.	DR SANTOSH MAHAJAN 16-NOV-2022	DR LALIT SANKHE	A CROSS-SECTIONAL STUDY TO ASSESS THE UTILIZATION GAP IN THE INSTITUTIONAL DELIVERY PROMOTING SCHEME IN THE TRIBAL DISTRICT OF MAHARASHTRA.	2022
11.	DR. KAPIL SHARMA 17-NOV-2022	DR CHHAYA RAJGURU	A CROSS SECTIONAL STUDY TO ASSESS THE PREVALENCE OF BEHAVIOURAL RISK FACTORS OF NON-COMMUNICABLE DISEASES AMONG 18-30 YEAR OLD INDIVIDUALS ATTENDING UHTC(URBAN HEALTH TRAINING CENTRE) ATTACHED TO GOVERNMENT MEDICAL COLLEGE.	2022
12.	DR SHESHRAO MAROTIRAO KAMBLE 29-NOV-2022	DR RAKESH WAGHMARE	A LONGITUDINAL STUDY TO ASSESS THE SOCIO DEMOGRAPHIC AND CLINICAL PROFILE OF PATIENTS ATTENDING NEWLY STARTED DEDICATED THYROID CLINIC OF TERTIARY CARE TEACHING HOSPITAL AND USEFULNESS OF DEDICATED OPD IN MANAGEMENT OF THYROID CASES	2022
13.	DR. ABHISHEK BANYAL 16-JAN-2023	DR RAKESH WAGHMARE	A LONGITUDINAL STUDY OF EPIDEMIOLOGICAL FACTORS RELATED TO ROAD TRAFFIC ACCIDENTS AND ITS IMPACT ON PATIENTS AND TREATMENT OUTCOME	2022

14.	DR. SHAHRUKH SULEMAN KHAN 4-SEP-2023	DR RAKESH WAGHMARE	A CROSS-SECTIONAL STUDY TO ASSESS THE OUT-OF-POCKET EXPENDITURE IN HUMAN IMMUNODEFICIENCY VIRUS POSITIVE PATIENTS ENROLLED AT A TERTIARY CARE HOSPITAL OF A METROPOLITAN CITY IN MAHARASHTRA	2023
15.	DR. DHIRENDRAKUMAR VISHWANATH YADAV 18-SEP-2023	DR. CHHAYA RAJGURU	A CROSS-SECTIONAL STUDY TO ASSESS THE PREVALENCE AND INFLUENCING FACTORS OF INTERNET GAMING DISORDERS AMONG MBBS STUDENTS IN A METROPOLITAN CITY OF MAHARASHTRA.	2023
16.	DR. SIVA PRASAD REDDY BOMMU 30-SEP-2023	DR. ANJALI MALL	ASSESSING SELF-STIGMA AND HELP-SEEKING ATTITUDE AMONG PATIENTS WITH SUBSTANCE USE DISORDER ATTENDING DE-ADDICTION CENTER AT A TERTIARY LEVEL HOSPITAL- A CROSS-SECTIONAL STUDY	2023
17.	DR. AISHWARYA.B 4-OCT-2023	DR. PALLAVI UPLAP	ASSESSMENT OF OCCUPATIONAL STRESS AMONG MUNICIPAL PRIMARY AND SECONDARY SCHOOL TEACHERS IN A METROPOLITAN CITY OF MAHARASHTRA -A CROSS SECTIONAL STUDY	2023
18.	DR. AFIFA MOMIN 6-OCT-2023	DR RANJIT MANKESHWAR	ASSOCIATION OF TREATMENT ADHERENCE WITH HEALTH-RELATED QUALITY OF LIFE OF PATIENTS HAVING DRUG RESISTANT TUBERCULOSIS ATTENDING HEALTH CARE CENTERS IN WESTERN MAHARASHTRA - A CROSS-SECTIONAL STUDY	2023

19.	DR AJITH R 5-OCT-2023	DR RANJIT MANKESHWAR	CAREGIVER BURDEN AND QUALITY OF LIFE AMONG PRIMARY CAREGIVERS OF DRUG-RESISTANT TB PATIENTS IN A TERTIARY CARE HOSPITAL IN A METROPOLITAN CITY	2023
20.	DR AKSHAY JADHAO 12-OCT-2023	DR. CHHAYA RAJGURU	DESCRIPTIVE STUDY TO ASSESS THE FACTORS INFLUENCING TELEMEDICINE SERVICES IN PERSPECTIVE OF TELEMEDICINE SERVICE PROVIDERS AND BENEFICIARIES IN PALGHAR DISTRICT OF MAHARASHTRA.	2023
21.	DR JOYCE BARDESKAR 16-OCT-2023	DR GEETA PARDESHI	ASSOCIATION OF FRAILTY AND FEAR OF FALL IN ELDERLY POPULATION ATTENDING THE OUTPATIENT DEPARTMENT OF HEALTH CARE CENTERS IN WESTERN INDIA A CROSS-SECTIONAL STUDY	2023
22.	DR. BARATE DEEPAK TANAJI 16-OCT-2023	DR GEETA PARDESHI	KNOWLEDGE AND ATTITUDE OF KEY COMMUNITY MEMBERS TOWARDS TUBERCULOSIS (TB) AND THEIR INVOLVEMENT IN THE NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME (NTEP) IN A DISTRICT OF WESTERN MAHARASHTRA: A MIXED METHOD STUDY.	2023
23.	DR. MINAL BORODE 17-OCT-2023	DR. ANJALI MALL	A CROSS-SECTIONAL STUDY ON HEALTH PROFILE OF ADOLESCENT GIRLS FROM WESTERN MAHARASHTRA”	2023

24.	DR. TALHA NADEEM ABDUL KHALIQUE 17-OCT-2023	DR. RANJIT MANKESHWAR	TO ASSESS OUT OF POCKET EXPENDITURE AMONG DIABETIC FOOT ULCER PATIENTS IN A TERTIARY CARE HOSPITAL IN WESTERN MAHARASHTRA - A CROSS- SECTIONAL STUDY	2023
25.	DR. DHEERAJ KUMAR SATYANARAYAN MEENA 16-OCT-2023	DR. RAKESH WAGHMARE	STRESS AND BURNOUT AMONG RESIDENT DOCTORS OF TERTIARY CARE TEACHING HOSPITAL OF A METROPOLITAN CITY: A PROSPECTIVE STUDY	2023
26.	DR RAJAN BAPU SHELKE 1-NOV-2023	DR. MANDAR SADAWARTE	UTILIZATION OF ANTENATAL CARE SERVICES UNDER PRADHAN MANTRI SURAKSHIT MATRITVA ABHIYAN AND ITS IMPACT ON PREGNANCY OUTCOME IN A TRIBAL DISTRICT OF MAHARASHTRA; A CROSS- SECTIONAL STUDY	2023
27.	DR. SURESH PANDURANG THOKAL 6-NOV-2023	DR. LALIT SANKHE	A STUDY ASSESSING THE PREPAREDNESS TOWARDS ACHIEVING THE GOAL OF END TUBERCULOSIS BY 2030 IN THE RANDOMLY SELECTED DISTRICT OF MAHARASHTRA - MIX METHODOLOGICAL STUDY	2023
28.	DR. CHINMAI S ANAND 20- DEC- 2024	DR LALIT SANKHE	STUDY TO ASSESS BODY IMAGE DISSATISFACTION AMONG SCHOOL GOING ADLOESCENTS AGED 10-15 IN A METROPOLITAN CITY OF MUMBAI	2024

29	DR. MEENU THAMPI 20- DEC- 2024	DR. RANJIT MANKESHWAR	PREVALENCE O/F METABOLIC SYNDROME AMONG SEDENTARY OFFICE WORKERS AND ASSESSMENT OF ITS RELATIONSHIP WITH SEDENTARY LIFESTYLE IN A METROPILTAN CITY OF MAHARASHTRA - A CROSS SECTIONAL STUDY	2024
30	DR. LALHLIMPUII 23-JAN-2025	DR. RAKESH WAGHMARE	CATASTROPHIC HEALH EXPENDITURE AMONG WOMEN WITH BREAST CANCER UNDERGOING RADIOTHERAPY:A CROSS SEVTY STUDY AT A TERTIARY CARE CENTRE IN WESTERN MAHARASHTRA	2024
31	DR. KARTHIK VISWANATH 28-JAN-2025	DR. PRASHANT HOWAL	PREVALENCE OF CAREGIVER BURDEN IN CAREGIVERS OF PATIENTS WITH SCHIZOPHRENIA ATTENDING TERTIARY CARE CENTER HOSPITAL IN METROPOLITAN CITY OF MUMBAI	2024
32	DR. JANANI G 29- JAN-2025	DR. PALLAVI UPLAP	ASSESSMENT OF LIFE SKILLS AMONG ADOLESCENTS IN ASHRAM SCHOOL IN A TRIBAL DISTRICT OF WESTERN MAHARASHTRA	2024
33	DR. HIRAL PATEL 31-JAN-2025	DR. MANDAR SADAWARTE	THE QUALITY OF LIFE IN DIABETES MELLITUS PATIENTS IN A TERTIARY CARE HOSPITAL IN MUMBAI	2024

34	DR. MONISHA M 31-JAN -2025	DR. CHHAYA RAJGURU	TO ASSESS THE PREVALENCE OF DIETARY DIVERSITY AMONG SCHOOL GOING ADOLESCENTS IN A METROPOLITAN CITY OF MAHARASHTRA	2024
35	DR. ABDUL GAFOOR MOHAMED RIYAZ 2-FEB-2025	DR. GEETA PARDESHI	ASSOCIATION OF TREATMENT BURDEN WITH MULTIMORBIDITY AMONG PATIENTS ATTENDING OUTPATIENT DEPARTMENT OF HEALTH CARE CENTERS IN A METROPOLITAN CITY – A MIXED METHOD STUDY	2024
36	DR. DUMPETTIWAR BHAGYASHRI ANIL 18-FEB-2025	DR. GEETA PARDESHI	ACCEPTANCE OF CLINICAL BREAST EXAMINATION AND BREAST-SELF EXAMINATION PRACTICES AMONG WOMEN ATTENDING THE OUTPATIENT DEPARTMENT OF PRIMARY HEALTH CARE CENTRES IN WESTERN MAHARASHTRA - A MIXED METHOD STUDY.	2024
37	DR. NEHA PRAKASH YADAV 20-FEB-2025	DR. PRASHANT HOWAL	QUALITY OF LIFE AND TREATMENT ADHERENCE IN PATIENTS HAVING SEXUALLY TRANSMITTED INFECTION & REPRODUCTIVE TRACT INFECTION IN METROPOLITAN CITY -A DESCRIPTIVE CROSS SECTIONAL STUDY	2024
38	DR. VAISHALI RAJESHKUMAR SINGH 24-FEB-2025	DR. RANJIT MANKESHWAR	A CROSS SECTIONAL STUDY OF THE PREVALENCE OF ACUTE RESPIRATORY ILLNESS AMONG THE PEDIATRIC POPULATION AND FACTORS ASSOCIATED WITH IN A TERTIARY CARE HOSPITAL OF MAHARASHTRA	2024

39	DR. SWETA GADEKAR 24 Feb 2025	DR. CHHAYA RAJGURU	ASSESSING CLIMATE HEALTH LITERACY THROUGH AWARENESS, ATTITUDES & PRACTICES AMONG MEDICAL STUDENTS: A QUANTITATIVE STUDY	2024
40	DR. POOJA NAGNATH HUNDE 24 Feb 2025	DR. LALIT SANKHE	TO STUDY OVERWEIGHT AMONGST ADOLESCENTS AGED 10-15 YEARS AND ITS ASSOCIATED RISK FACTORS.	2024
41	DR. SACHIN SAMPAT PALWADE 6 March 2025	DR. RAKESH WAGHMARE	CROSS SECTIONAL STUDY TO ASSESS MALNUTRITION IN TRIBAL CHILDRENS UNDER FIVE BY USING COMPOSITE INDEX OF ANTHROPOIMETRIC FAILURE (CIAF)	2024
42	DR. SANDIP BANDUJI GHORPADE 05 April 2025	DR. PALLAVI UPLAP	ASSESSMENT OF RISK FACTORS OF NON-COMMUNICABLE DISEASES AMONG ADOLESCENTS IN TRIBAL ASHRAM SCHOOL A CROSS-SECTIONAL STUDY	2024

ACADEMIC ACTIVITIES

Sr. No.	Details
1.	Seminars (PG Activities, University Seminars)
2.	Journal Clubs
3.	Case presentations
4.	Group discussions
5.	Guest lectures
6.	Physician conference/ Continuing Medical Education (CME) organized.
7.	Symposium
8.	Undergraduate Teaching

Postings of PGs in other departments/elsewhere:

a) Departments	Medicine (ART), Geriatric Medicine, Blood bank, Microbiology, Pediatrics etc.
b) Other institutions	AHO Surveillance, Kasturba Hospital, Chinchpokali, Mumbai
c) District/State/Health Organization. (including District Residency Program)	MMM SATABDI HOSPITAL -GOVANDI, Mumbai, CTO (City TB Office, Chinchpokli), AHO Eastern Bureau, Mulund, FWMCH, F south office, AHO EPI, F ward HQ, MoH, M/E ward office, Govandi (west)

- PG students are posted outside the department at least for the minimum period as specified in latest curriculum: Yes
 - Involvement of PG students in UG teaching – Yes.
 - Health day celebrations - Yes
 - Initiatives in improving public health system:
(Includes the extension activities, consultancy, outbreak investigation, collaborative activities)

1. Health Education & Awareness Campaigns-

- a) Conducted Public Health Workshops & Seminars on preventive measures like maternal and child health, sanitation, vaccination, and lifestyle diseases.
- b) Collaborate with Schools: Conduct health education programs in schools to promote hygiene, nutrition, physical activity, and mental health.
- c) Spread awareness on health topics like immunization, sanitation, and the prevention of communicable and non-communicable diseases at UHTC and RHTC as per the celebration of various public health days.
2. **Research activities** – engagement of postgraduate students on community-based research on topic of public health importance
3. **Health Camps:** Organize regular health check-up camps in partnership with government health program.
4. **Collaborations with BMC** to work with local government bodies to improve sanitation, water supply, and waste management practices in the community
5. **Mobile LED** van to initiate health awareness on thyroid, breast cancer, obesity and NCDs to provide healthcare in remote or underserved areas.
6. **Capacity Building for Healthcare Workers:** Provide training programs for local health workers (ASHA workers, midwives, community health officers) to improve their skills in managing common public health issues at RHTC and UHTC catering areas.
7. **Linkage and referral** of patients from RHTC & UHTC to Tertiary hospital.
8. **Community Participation:** Promoting the involvement of the local community in health-related decision-making and planning. Encourage community members to take active roles in monitoring public health services.
9. **Mentorship & Capacity Building of Undergraduate & Postgraduate students.**
10. **Field Exposure for Students:** Organize field visits and internships for medical students in community health settings to give them practical exposure to public health challenges.
11. **Interdisciplinary Collaborations:** Promote collaborations with other departments NHSRC, ICMR for various workshops.
12. Department of Community Medicine is involved in other undergraduate and post graduate courses run by the institute. Department also conducts **internship orientation programs** for **M.B.B.S. graduates** and **Bsc.PMT graduates**.

i. Dept. of Community Medicine submitting data to government authorities:

- A. Monthly Anti rabies Vaccination report to BMC surveillance officer from ARV OPD run by the dept.
- B. Monthly Yellow fever vaccination report to Govt of India (IHR).
- C. Monthly adult vaccination (OPV) report to Govt of India (IHR).

ii. Participation in National Programs.

1. Anti-Rabies Control Programme (Postexposure-prophylaxis vaccine in ARV OPD, Reporting of cases)
2. National Vector Borne Disease Control Programme (IEC activities)
3. Poshan Mah Celebration (Group activity)
4. National Programme Non-Communicable Disease Screening house to house & IEC, Reporting)
5. RMNCHA+N (IEC on Breastfeeding, Nutrition, Family Planning)
6. UIP (IEC activities in Urban & Rural Centers)
7. National Measles Elimination Programme (Surveillance activities)
8. National Sickle Cell Elimination Programme (IEC activities among school children).
9. Epidemic Investigation (IEC, Case Investigation, Reporting)

iii. OPD Services:

- Department of Community Medicine runs Anti-Rabies Vaccination OPD, Yellow Fever vaccination OPD and adult Immunization (Polio, Hepatitis B, etc.) OPD.
- The department is also conducting COVID vaccination since the time of pandemic.
- The Department also involved in Tobacco Cessation Services (TCS) OPD.

- Department of Community Medicine also runs the Urban Health Training Centre (UHTC) at Bandra & Rural Health Training Centre (RHTC) at Palghar,

URBAN HEALTH TRAINING CENTRE (UHTC BANDRA)

Parameters	Details				
Name of the Centre	Urban Health Training Center, Bandra				
Population covered	6 lacs				
Since when started	1962				
Schedule of P.G. posting	2 months on rotation basis				
Number of Field Staff posted there	MO	LMO	Para-Medics		
	03	-	MSW	Staff Nurse	Other
			0	10	25
Distance from Medical College	By road – 13 kms				
Residential/Non-residential	Residential				
Specialty activities undertaken	-				
OPD	Yes				
Immunization	Yes				
Ante-natal	Yes				
Deliveries	Yes				
Family visits	Yes				
No of families adopted by PG students	5 Families per student.				

RURAL HEALTH TRAINING CENTRE (RHTC PALGHAR)

Parameters	Details				
Name of the Centre	Rural Health Training Center, Palghar				
Population covered	615982 (Palghar district)				
Since when started	1956				
Schedule of P.G. posting	2 months on rotation basis				
Field Staff posted there	MO	LMO	Para-Medics		
	01	02	MSW	Staff Nurse	Other
			06		
Distance from Medical College	By railway -80km/2hrs				
	By road – 120km/3hrs				
Residential/Non-residential	Residential				
Specialty activities undertaken	-				
OPD	Yes				
Immunization	Yes				
Ante-natal	Yes				
Deliveries	Yes				
Family visits	Yes				
No of families adopted by PG students	5 Families per student.				

Urban Health & Training Centre, Bandra
Department of Community Medicine
Grant Government Medical College, Mumbai
Map of UHTC Bandra





The Urban health training center is established in 1962 and it is at 1.5 KM distance from Bandra Railway station (East). UHTC is situated at Bandra Government colony campus near Mahatma Gandhi High School.

Catchment area for UHTC

The catchment area compromises the government employees and their families residing in the government colony. There are various types of staff quarter buildings for Class I-IV employees. The colony campus contains three schools, many temples, one community hall, one playground, various shops, banks and Market. The campus also contains a Government Colony Bus Depot.

There are 297 type “B” buildings in government colony. Each B building is four story and having 2 quarters on each floor. So there are total around **600 quarters**. 10-12 B buildings form a circular wing, which have a central open place and one main entrance. These B buildings are constructed for Class III employees. There are 7 buildings for class IV employees. These 7 buildings compromise **1244 quarters**.

So there are around **1850 families** living in catchment area of UHTC.



Figure: Type B Building Layout



Figure: Class IV Quarters

Services provided at UHTC:

- Medicine OPD and Indoor
- Pediatric OPD and Indoor
 - Emergency Services
- Gynecology OPD and Indoor
 - Dental OPD
- ANC Clinic (Tuesday & Friday)
 - Sputum Collection Center
- Immunization Centre (Thursday)
- Weekly Specialize OPD: Skin, ENT, Ophthalmology, Orthopedics

Facilities available at UHTC:

- Basic Laboratory Services
 - ECG
 - X-Ray and USG
- Labour Room and Operation Theatre

Staff:

- **Medical Staff**

Community Medicine Department: Professor

Medicine Department: 2 Assistant Professor, 4 Residents

Pediatrics Department: Assistant Professor

Gynecology Department: Assistant Professor

Anesthesia Department: Assistant Professor

Radiology Department: Assistant Professor

Dental Surgeon and Assistant

3 Medical Officers and Interns

- **Paramedical Staff:**

Nursing staff, Social Service Supritendent, Sanitary Inspector, pharmacist,
Laboratory/ECG/X Ray Technician, Dresser

- **Administrative Staff:**

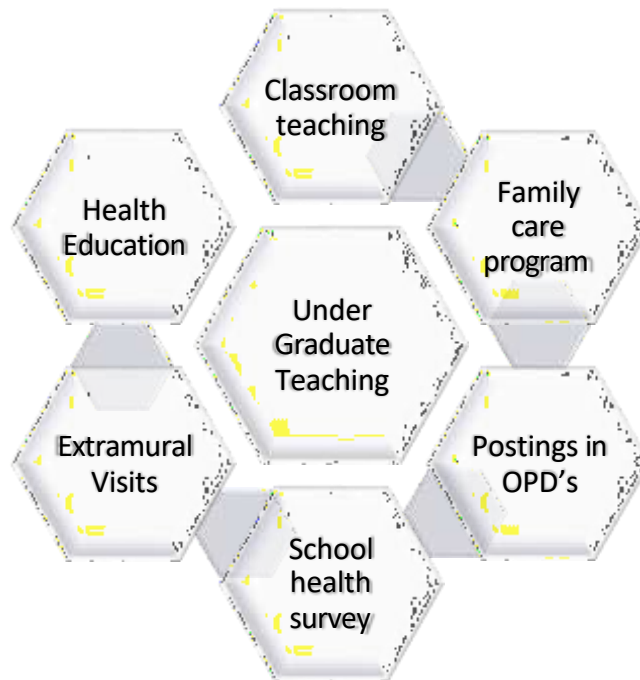
Administrative Officer, Senior clerk, Junior Clerk, Telephone Operator, Peon

Centre Upgradation:

- IEC Material for health education and information
 - Community Services:
- Estimation of health burden of the community with the help of Residents and interns
 - Health day celebration to create awareness at the center and in community.
 - Family surveys by students
 - Special OPD
 - Under 5 Clinic/ Well baby clinic

UNDER GRADUATE TEACHING ACTIVITY

Components of UG Teaching at UHTC



- Classroom teaching:
 - Lectures (II MBBS)
 - Introduction to Environmental Health
 - Water, Water pollution, water borne diseases
 - Purification of water
 - Air Pollution, Noise Pollution
 - Radiation Hazards
 - Waste Disposal
 - Hospital Waste Disposal
 - National Health Program and acts related to Environmental Health
- Students seminar - Seminar will be presented by a group of students at the end of posting for a prealloted topic in front all medical staff of UHTC
 - Family care program:
 - Only the defined catchment area will be served
- Family surveys will be conducted by students with the help of predesigned family folders
 - Rotational Postings in OPD's:
 - To orient the functioning of UHTC

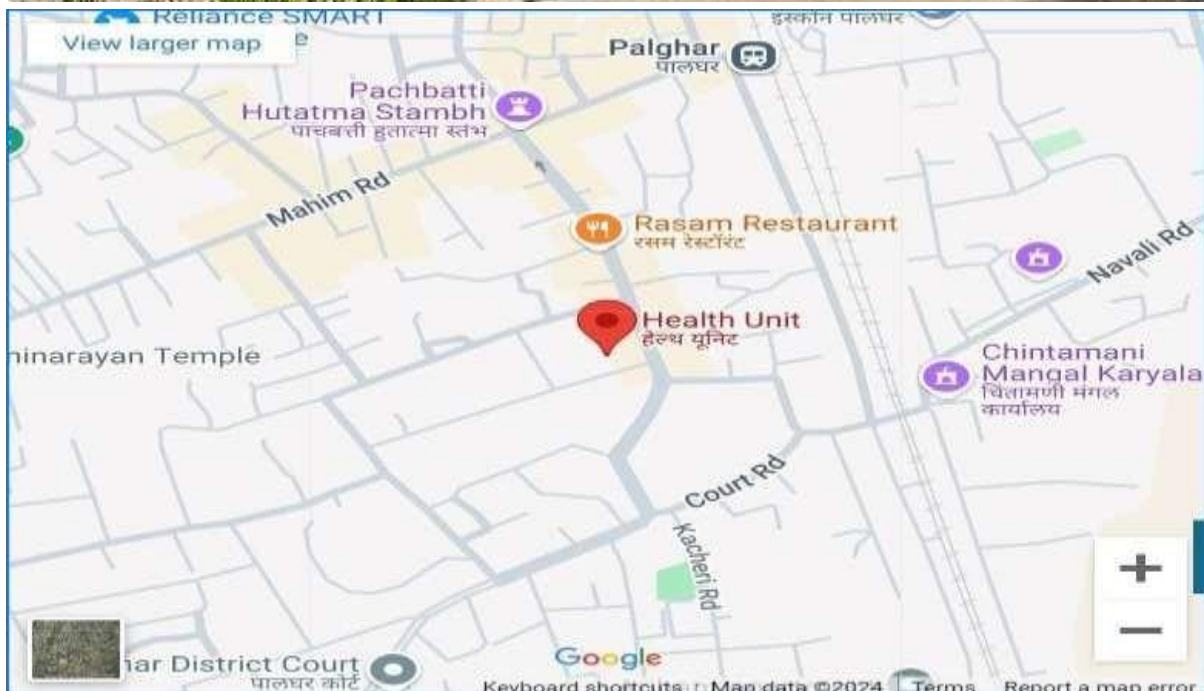
- School health survey
- To check the school children for common ailments like Dental carries, refractions, nutritional deficiencies
 - Health education regarding hygiene, sanitation, etc.
 - Health Education (community and center)
- Activities like Preparation of IEC material for UHTC center and community; health talk to patients in hospital and people in community
 - Extramural Visits (for II MBBS)

To orient regarding different health related institutes and partner agencies

- Acworth Leprosy Hospital, Wadala
 - Indian Cancer society, Parel
- All India Institute of Physical Medicine and Rehabilitation, Haji Ali
 - Fellowship for Physical Handicap, Haji Ali
- Ali Yavar Jung Hearing Handicap Institute, Bandra
 - Salaam Mumbai Foundation, Churchgate
 - FDA Lab, Bandra
 - Aganwadi, Bandra
 - Gaurao Oraganisation, Santacruz
 - Santosh MR Child Centre, Santacruz

Rural Health & Training Centre, Palghar
Department of Community Medicine
Grant Government Medical College, Mumbai

MAP OF RHTC PALGHAR



Rural Health Training Centre Palghar, a distinguished Government hospital and training institute, operates under the esteemed Grant Government Medical Colleges and Sir J.J. Group of Hospitals in Mumbai. Established on November 9, 1956, this institution has been a cornerstone of healthcare and education in the region. Conveniently located 80 km away from Mumbai, on Kacheri Road in Palghar, it serves as a beacon of medical excellence for the community.

This unit is headed by Dean of Grant Government Medical College Dr. Pallavi Saple, Head of the Department of Community Medicine Dr. Geeta Pardeshi, and Associate Professor Dr. Rakesh Waghmare. The healthcare staff at RHTC includes Assistant Medical Officer, Lady medical officer, Dental surgeon, nursing staff, sanitary inspector, and lab technician. RHTC serves as a primary training centre for students of Grant Medical College Mumbai, offering them hands-on experience in community medicine and public health.

TRAINING AND EDUCATION

RHTC manages the posting of MBBS interns, residents of Community Medicine, nursing students of all faculties, BSc PMT, and MPH students. It schedules lectures and orientations, plans and conducts various visits to health centres, provides training on health education and community mobilization and offers clinical management in OPD and IPD.

ONGOING FIELD PRACTICES AND RESEARCH PROJECTS

RHTC is involved in ongoing field practices and research projects in and around the RHTC in Palghar. These include community-based cross-sectional studies and assessments on various topics such as the ECCE component of the ICDS program, the prevalence of anxiety disorders among adolescents, breastfeeding practices, utilization gaps in institutional delivery promoting schemes, and more.

STAFF

In-Charge RHTC

- LMO
- AMO
- Dental Surgeon
- Public Health Nurse
 - - Pharmacist
- - Statistical Assistant
- - Laboratory Technician
 - - Staff Nurse
 - - Health Educator
- - Sanitary Inspector
 - - Senior Clerk
 - - Junior Clerk
- - Health Visitor
 - - Driver
 - - Mukadam
 - - Peon
 - - Trained Dai

- - Attendent
- - Mazdoor
- - Cleaner cum Mazdoor
 - - Cleaner cum Peon
 - - Night Watchman
 - - Mali
 - - Sweeper
- - Female Sweeper

SERVICES:

- Dental
- Immunization
- Geriatric Therapy
- Obstetrics and Gynaecology
 - General Medicine
 - Oncology
 - Pathology
 - Medicine Store
 - Sanitation

HOSTEL

Website: <https://rhtcpalghar.com/index.html>



Clinical workload of the Department:

Particulars	Average Daily for the month of August 2025
OPD attendance	ARV OPD – 1374 (New-427 ; Old-947)
	Yellow Fever OPD - 507
	Tobacco Seccession OPD - 22