



**GRANT GOVT MEDICAL COLLEGE & SIR J.J. GROUP OF  
HOSPITALS**




**DEPARTMENT OF PSYCHIATRY  
MUMBAI, MAHARASHTRA, INDIA 400008**


The Department of Psychiatry, G.G.M.C. & Sir J.J. Hospital, Mumbai, was established in 1938 – just a decade before India became independent. From a humble beginning with a psychiatrist – Dr. K K Masani, started psychiatric services at JJ Hospital. Standing on the shoulders of giants, the dept of psychiatry has evolved into a vibrant centre for patient service, and medical research. The stalwarts who shaped our department are Dr KK Masani, Dr J C Marfatiya and others. In addition to patient care, it is active in education and research and started post-graduation courses in 1978. This has transformed with all services being now housed in the new OPD building. These include a daily OPD, indoor ward with facilities for patients. We offer OPD & IPD services, ECT, r-TMS, Psychological testing and psychotherapy.


<b>Name of Department</b>	<b>Department of Psychiatry (OPD:33)</b>
<b>EMAIL ID</b>	<b>psychiatryggmc@gmail.com</b>
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<b>Direct number:</b>	<b>02223222343</b>
<b>Extension number:</b>	<b>2343</b>

<b>Designation</b>	<b>Number</b>	<b>Name of Faculty</b>	<b>Total no. of Admission (Seats)</b>
Professor and Head	1	Dr. Vanshree Patil	8
Professor	1	Dr. Matcheswalla Yusuf Abdulla	
Associate Professor	2	Dr. Maithili Umate Dr. Sarika Dakshikar	

Assistant Professor	2	Dr. Madhav Bhondave Dr. Shaikh Mujahid	
Senior Resident	2	Dr. Swara Kulkarni Dr. Harshali More	

Sr. No.	Name of the Teacher	PHOTO	EDUCATIONAL QUALIFICATION	LATEST DESIGNATION	DATE OF JOINING	REGISTRATION NO. MMC
1.	Dr. Vanshree Patil		M.D Psychological Medicine (1999), DNB Psychiatry (2003), DPM (1999)	Professor and H.O.D	01/09/2021	MMC - 079579
2.	Dr. Matcheswalla Yusuf Abdulla		MD Psychological Medicine 1988, M.D. Forensic Medicine, D.P.M. C.P.S. 1991	Professor (RCB)	11/06/2025	MMC - 53949
3.	Dr. Sarika Dakshikar		MD Psychological Medicine (2004)	Associate Professor and H.O.U.	26/02/2010	MMC 1254/02/2000

4	Dr.Maithili Umate		MD Psychological Medicine (2006) and DNB Psychiatry (2008), D.P.M(2005)	Associate Professor	03/05/2007	MMC 2001/03/1313
5.	Dr.Madhav Bhondave		M.D Psychiatry (2022)	Assistant Professor	05/06/2024	MMC 2015/09/4841
6.	Dr. Shaikh Mujahid		M.D Psychiatry (2023)	Assistant Professor	03/07/2025	MMC 2016/08/2129
7.	Dr. Swara Kulkarni		M.D Psychiatry (2024)	Senior Resident	05/05/2025	MMC 2022098071

8.	Dr.Harshali More		M.D Psychiatry (2024)	Senior Resident	06/05/2025	MMC 2020085468
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THESIS TOPICS

BATCH 2022-2023
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1	DR VISHAL CHAUKHE	DR. VANSHREE PATIL	A Cross-Sectional Study Of Emotional Intelligence And Suicidal Intention Among Patients Presenting With Deliberate Self-Harm In A Tertiary Care Hospital In A Metropolitan City.	2022
2	DR KASHMIRA BHELONDE	DR. VANSHREE PATIL	A Study To Assess The Knowledge, Attitude And Confidence In Providing Care Towards The Lesbians,Gays, Bisexuals And Transgenders Amongst Junior Residents Of A Tertiary Care Hospital In A Metropolitan City.	2022
3	DR PUSHTI BHATIA	DR. VANSHREE PATIL	Psychological Distress, Burden, And Coping Mechanisms In Caregivers Of Patients With Schizophrenia In A Tertiary Care Hospital In A Metropolitan City: A Cross Sectional Study.	2022
4	DR URVI SUKHADIYA	DR. MAITHILI UMATE	A Cross Sectional Study Of Association Between Behavioural Problems And Age & Severity Among Children With Intellectual Disability Attending Tertiary Care Centre.	2022
5	DR ARCHITA GUPTA	DR. MAITHILI UMATE	A Cross-Sectional Study Of Personality Traits And Childhood Trauma In Deliberate Self Harm Patients In A Tertiary Care Hospital	2022
6	DR KAPIL EDWANKAR	DR. SARIKA DAKSHIKAR	To Assess The Relationship Between Abuse Vulnerability And The Quality Of Life In The Geriatric Population Visiting A Tertiary Care Teaching Hospital	2022
7	DR NEHA WADATE	DR. SARIKA DAKSHIKAR	A Cross Sectional Study To Correlate Cognitive Insight And Adherence To Treatment In Patients Of Bipolar Disorder Attending Outpatient Department At A Tertiary Care Hospital.	2022

8	DR ARHITA SAWANT	DR. SARIKA DAKSHIKAR	A Cross Sectional Study Assessing The Correlation Between Coping Mechanisms And Quality Of Life In Population Having Spousal Loss In Geriatric Age Group.	2022
9	DR PRIYANKA CHANDAK	DR. NISHIKANT THORAT	A Cross Sectional Descriptive Study Of Sociodemographic Factors And Its Correlation With Quality Of Life In Patients With Anxiety Disorder In A Tertiary Care Hospital In A Metropolitan City.	2022

BATCH 2023-2024				Year of Admission
1	DR. ANIKET LAMBAT	DR. VANSHREE PATIL	A Cross-Sectional Study To Assess Correlation Between Cognitive Function And Sociodemographic Factors In Patients With Schizophrenia In A Tertiary Care Hospital	2023
2	DR. PRAGATI KARANDE	DR. VANSHREE PATIL	Coping Mechanisms In Caregivers Of Patients With Bipolar Disorder In A Tertiary Care Hospital In A Metropolitan City: A Cross- Sectional Study	2023
3	DR. PALLAVI NARHARE	DR. VANSHREE PATIL	A Cross Sectional Study To Assess Correlation Between Cognitive Deficit And Sociodemographic Factors In Patients With Type 2 Diabetes Mellitus In A Tertiary Care Hospital In A Metropolitan City	2023
4	DR. MAHESHWARI PARADE PATIL	DR. SARIKA DAKSHIKAR	A Prospective Study Of Relationship Between Clinical Recovery And Personal Recovery In Schizophrenia And Factors Affecting It	2023
5	DR. VISHAKHA KATARE	DR. SARIKA DAKSHIKAR	Cross Sectional Study Of Aggression And Its Associated Factors In Patients Of Schizophrenia In Tertiary Care Hospital.	2023
6	DR. ROSHAN REJI PHILIP	DR. SARIKA DAKSHIKAR	A Cross Sectional Study Assessing Level Of Cognitive Insight In Patients Of Schizophrenia And Its Correlation With Various Clinical And Sociodemographic Factors In A Tertiary Care Hospital In A Metropolitan City.	2023
7	DR. ASHWIN WALKE	DR. MAITHILI	Correlation Between Severity Of Alcohol	2023

		UMATE	Dependence With Age Of Onset And Family History	
8	DR. SUPRIYA GURRAM	DR. MAITHILI UDATE	Cross-Sectional Study Regarding Prevalence Of Psychological Stress, Depression And Anxiety In Parents Of Children Suffering From Autism Spectrum & Comorbid Neurodevelopmental Disorders	2023
9	DR. SALONI SHARMA	DR. MAITHILI UDATE	Assessment Of Knowledge, Attitudes And Stigmas Towards Mental Illness In Indian Nursing Students	2023
10	DR. SHADAB ALAM	DR. Y. A. MATCHESWALLA	A Cross Sectional Study Assessing Correlation Between Quality Of Life And Various Sociodemographic And Clinical Factors In Patients Suffering From Schizophrenia In A Tertiary Care Hospital.	2023

### Batch 2024-2025

1	DR. DEVPAL SINGH	DR.SARIKA DAKSHIKAR		2024
2	DR. AISHWARYA A SUBRAMANIAN	DR VANSHREE PATIL		2024
3	DR. KUNAL BUNDELE	DR.SARIKA DAKSHIKAR		2024
4	DR. SANDEEP KUTE	DR.SARIKA DAKSHIKAR		2024
5	DR. BHAWNA KHANDARE	DR VANSHREE PATIL		2024
6	DR. SARGUN GILL	DR. MAITHILI UDATE		2024
7	DR. MANISH SAULKAR	DR. MAITHILI UDATE		2024
8	DR. MIR TOUSIF ISLAM	DR.VANSHREE PATIL		2024

## ACADEMIC ACTIVITIES

1	<b>Seminars (PG Activities, University seminars)</b>
2	<b>Journal Clubs</b>
3	<b>Case Presentations</b>
4	<b>Clinical Demonstrations</b>
5	<b>Group Discussions</b>
6	<b>Physical Conference / Continuing Medical Education (CME) organized</b>
7	<b>Symposium</b>
8	<b>Undergraduate Teaching</b>

### **Postings of PGs in other departments/elsewhere:**

a) Departments	Medicine, Neurology
b) Other Institutions	St George's Hospital, P D'mello road, CST area, Fort, Mumbai.
c) District/State/Health Organization. (including District Residency Program)	Gokuldas Tejpal Hospital, Fort, Mumbai.

- PG students are posted outside the department at least for the minimum period as specified in latest curriculum: Yes
- Involvement of PG students in UG teaching – Yes.
- Health day celebrations – Yes



1. Mentorship of Undergraduate & Postgraduate students.
2. Research activities – engagement of postgraduate students on research on topics of psychiatric importance.
3. Health Camps – Involvement of Postgraduate students in health camps in partnership with Government health programs.
4. Health Awareness and Education Campaigns – Organization and participation in awareness campaigns on health topics such as Mental health and Substance use

**Services available:** Psychiatry OPD and IPD, Electro-convulsive Therapy (ECT), rTMS, psychological testing, Counselling and Psychotherapy, Child psychiatry clinic, Geriatric psychiatry clinic, UDID psychiatric services, Tobacco Cessation Centre (TCC), Deaddiction clinic.