

**ANNEXURE I**  
**LIST OF FULL TIME FACULTIES**  
**Month and Year of Submission of details – July 2025**

Sr. no	Faculty Name	Medical registration no.	Professional qualification(s)	Department	Designation	Nature of employment	Total teaching experience
1	Dr. Vanshree Patil	MMC - 079579	M.D Psychological Medicine (1999), DNB Psychiatry (2003), DPM (1999)	Psychiatry	Professor & HOD	Permanent	25 years
2	Dr. Matcheswalla Yusuf Abdulla	MMC - 53949	MD Psychological Medicine (1988), M.D. Forensic Medicine, D.P.M.( 1991)	Psychiatry	Professor (RCB)	RCB	27 years
3	Dr. Sarika Dakshikar	MMC 2000/02/2054	MD Psychological Medicine (2004)	Psychiatry	Associate Professor	Permanent	20 years
4	Dr. Maithili Umate	MMC 2001/03/1313	MD Psychological Medicine (2006) and DNB Psychiatry (2008), D.P.M (2005)	Psychiatry	Associate Professor	Permanent	18 years
5	Dr. Madhav Bhondave	MMC 2015/09/4841	M.D Psychiatry (2022)	Psychiatry	Assistant Professor	Permanent	1 year 2 month
6	Dr. Shaikh Mujahid	MMC 2016/08/2129	M.D Psychiatry (2023)	Psychiatry	Assistant Professor	Contractual	1 month
7	Dr. Swara Kulkarni	MMC 2022098071	M.D Psychiatry (2024)	Psychiatry	Senior Resident	Bonded	2 months
8	Dr. Harshali More	MMC 2020085468	M.D Psychiatry (2024)	Psychiatry	Senior Resident	Bonded	2 months



**GRANT GOVT MEDICAL COLLEGE & SIR J.J. GROUP OF HOSPITALS**  
**DEPARTMENT OF PSYCHIATRY**

**MUMBAI, MAHARASHTRA, INDIA 400008**






The Department of Psychiatry, G.G.M.C. & Sir J.J. Hospital, Mumbai, was established in 1938. Notable Psychiatrists associated with the department include Dr. K K Masani, Dr.J.C.Marfatia, Dr. R.M.Haridas, Dr.D.K.Deshmukh and Dr.V. Joshi. Post-graduation courses started in 1978.




Services include a Monday-Saturday daily OPD, indoor ward with facilities for patients. We offer OPD, Indoor patient care facilities, ECT, r-TMS, psychological testing and psychotherapy services.

<b>Name of Department</b>	<b>Department of Psychiatry (OPD:33)</b>
<b>OPD Timing:</b>	<b>8:00 AM to 01:00 PM (Monday-Saturday)</b>
<b>No of Units:</b>	<b>2</b>
<b>Email ID</b>	<b>psychiatryggmc@gmail.com</b>
<b>Telephone number:</b>	<b>02223222343</b>
<b>Direct number:</b>	<b>02223222343</b>
<b>Extension number:</b>	<b>2343</b>

<b>Designation</b>	<b>Number</b>	<b>Name of Faculty</b>	<b>Total no. of Admission (Seats)</b>
Professor and Head	1	Dr. Vanshree Patil	8
Professor	1	Dr. Matcheswalla Yusuf Abdulla	
Associate Professor	2	Dr. Sarika Dakshikar Dr. Maithili Umate	
Assistant Professor	2	Dr. Madhav Bhondave Dr. Shaikh Mujahid	
Senior Resident	2	Dr. Swara Kulkarni Dr. Harshali More	

<b>Sr. No.</b>	<b>Name of the Teacher</b>	<b>PHOTO</b>	<b>EDUCATIONAL QUALIFICATION</b>	<b>LATEST DESIGNATION</b>	<b>DATE OF JOINING</b>	<b>REGISTRATION NO. MMC</b>
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1.	Dr. Vanshree Patil		M.D Psychological Medicine (1999), DNB Psychiatry (2003), DPM (1999)	Professor and H.O.D	01/09/2021	MMC - 079579
2.	Dr. Matcheswalla Yusuf Abdulla		MD Psychological Medicine 1988, M.D. Forensic Medicine, D.P.M. (1991)	Professor (RCB)	11/06/2025	MMC - 53949
3.	Dr. Sarika Dakshikar		MD Psychological Medicine (2004)	Associate Professor and H.O.U.	26/02/2010	MMC 1254/02/2000
4	Dr. Maithili Umate		MD Psychological Medicine (2006) and DNB Psychiatry (2008), D.P.M(2005)	Associate Professor	03/05/2007	MMC 2001/03/1313
5.	Dr. Madhav Bhondave		M.D Psychiatry (2022)	Assistant Professor	05/06/2024	MMC 2015/09/4841

6.	Dr. Shaikh Mujahid		M.D Psychiatry (2023)	Assistant Professor	03/07/2025	MMC 2016/08/2129
7.	Dr. Swara Kulkarni		M.D Psychiatry (2024)	Senior Resident	05/05/2025	MMC 2022098071
8.	Dr.Harshali More		M.D Psychiatry (2024)	Senior Resident	06/05/2025	MMC 2020085468

THESIS TOPICS				
BATCH 2022-2023				
1	DR VISHAL CHAUKHE	DR. VANSHREE PATIL	A Cross-Sectional Study Of Emotional Intelligence And Suicidal Intention Among Patients Presenting With Deliberate Self-Harm In A Tertiary Care Hospital In A Metropolitan City.	2022
2	DR KASHMIRA BHELONDE	DR. VANSHREE PATIL	A Study To Assess The Knowledge, Attitude And Confidence In Providing Care Towards The Lesbians,Gays, Bisexuals And Transgenders Amongst Junior Residents Of A Tertiary Care Hospital In A Metropolitan City.	2022
3	DR PUSHTI BHATIA	DR. VANSHREE PATIL	Psychological Distress, Burden, And Coping Mechanisms In Caregivers Of Patients With Schizophrenia In A Tertiary Care Hospital In A Metropolitan City: A Cross Sectional Study.	2022
4	DR KAPIL EDWANKAR	DR. SARIKA DAKSHIKAR	To Assess The Relationship Between Abuse Vulnerability And The Quality Of Life In The Geriatric Population Visiting A Tertiary Care Teaching Hospital	2022
5	DR NEHA WADATE	DR. SARIKA DAKSHIKAR	A Cross Sectional Study To Correlate Cognitive Insight And Adherence To Treatment In Patients Of Bipolar Disorder Attending Outpatient Department At A Tertiary Care Hospital.	2022
6	DR ARHITA SAWANT	DR. SARIKA DAKSHIKAR	A Cross Sectional Study Assessing The Correlation Between Coping Mechanisms And Quality Of Life In Population Having Spousal Loss In Geriatric Age Group.	2022
7	DR URVI SUKHADIYA	DR. MAITHILI UMATE	A Cross Sectional Study Of Association Between Behavioural Problems And Age & Severity Among Children With Intellectual Disability Attending Tertiary Care Centre.	2022
8	DR ARCHITA GUPTA	DR. MAITHILI UMATE	A Cross-Sectional Study Of Personality Traits And Childhood Trauma In Deliberate Self Harm Patients In A Tertiary Care Hospital	2022
9	DR PRIYANKA CHANDAK	DR. NISHIKANT THORAT	A Cross Sectional Descriptive Study Of Sociodemographic Factors And Its Correlation With Quality Of Life In Patients With Anxiety Disorder In A Tertiary Care Hospital In A Metropolitan City.	2022

<b>BATCH 2023-2024</b>	Year of Admission
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1	DR. ANIKET LAMBAT	DR. VANSHREE PATIL	A Cross-Sectional Study To Assess Correlation Between Cognitive Function And Sociodemographic Factors In Patients With Schizophrenia In A Tertiary Care Hospital	2023
2	DR. PRAGATI KARANDE	DR. VANSHREE PATIL	Coping Mechanisms In Caregivers Of Patients With Bipolar Disorder In A Tertiary Care Hospital In A Metropolitan City: A Cross- Sectional Study	2023
3	DR. PALLAVI NARHARE	DR. VANSHREE PATIL	A Cross Sectional Study To Assess Correlation Between Cognitive Deficit And Sociodemographic Factors In Patients With Type 2 Diabetes Mellitus In A Tertiary Care Hospital In A Metropolitan City	2023
4	DR. SHADAB ALAM	DR. Y. A. MATCHESWALLA	A Cross Sectional Study Assessing Correlation Between Quality Of Life And Various Sociodemographic And Clinical Factors In Patients Suffering From Schizophrenia In A Tertiary Care Hospital.	2023
5	DR. MAHESHWARI PARADE PATIL	DR. SARIKA DAKSHIKAR	A Prospective Study Of Relationship Between Clinical Recovery And Personal Recovery In Schizophrenia And Factors Affecting It	2023
6	DR. VISHAKHA KATARE	DR. SARIKA DAKSHIKAR	Cross Sectional Study Of Aggression And Its Associated Factors In Patients Of Schizophrenia In Tertiary Care Hospital.	2023
7	DR. ROSHAN REJI PHILIP	DR. SARIKA DAKSHIKAR	A Cross Sectional Study Assessing Level Of Cognitive Insight In Patients Of Schizophrenia And Its Correlation With Various Clinical And Sociodemographic Factors In A Tertiary Care Hospital In A Metropolitan City.	2023
8	DR. ASHWIN WALKE	DR. MAITHILI UDATE	Correlation Between Severity Of Alcohol Dependence With Age Of Onset And Family History	2023
9	DR. SUPRIYA GURRAM	DR. MAITHILI UDATE	Cross-Sectional Study Regarding Prevalence Of Psychological Stress, Depression And Anxiety In Parents Of Children Suffering From Autism Spectrum & Comorbid Neurodevelopmental Disorders	2023
10	DR. SALONI SHARMA	DR. MAITHILI UDATE	Assessment Of Knowledge, Attitudes And Stigmas Towards Mental Illness In Indian Nursing Students	2023

### Batch 2024-2025

1	DR. AISHWARYA A SUBRAMANIAN	DR VANSHREE PATIL		2024
2	DR. BHAWNA KHANDARE	DR VANSHREE PATIL		2024

3	DR. MIR TOUSIF ISLAM	DR.VANSHREE PATIL		2024
4	DR. DEVPAL SINGH	DR.SARIKA DAKSHIKAR		2024
5	DR. KUNAL BUNDELE	DR.SARIKA DAKSHIKAR		2024
6	DR. SANDEEP KUTE	DR.SARIKA DAKSHIKAR		2024
7	DR. SARGUN GILL	DR. MAITHILI UDATE		2024
8	DR. MANISH ASHOKRAO SAULKAR	DR. MAITHILI UDATE		2024

## ACADEMIC ACTIVITIES

1	<b>Seminars</b>
2	<b>Journal Clubs</b>
3	<b>Case Presentations</b>
4	<b>Clinical Demonstrations</b>
5	<b>Group Discussions</b>
6	<b>Physical Conference / Continuing Medical Education (CME) organized</b>
7	<b>Ward Clinics</b>
8	<b>Undergraduate Teaching</b>

### Postings of PGs in other departments/elsewhere:

a) Departments	Medicine, Neurology
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b) Other Institutions	St George's Hospital, P D'mello road, CST area, Fort, Mumbai.
c) District Residency Program	Gokuldas Tejpal Hospital, Fort, Mumbai.

- PG students are posted outside the department at least for the minimum period as specified in latest curriculum: Yes
- Involvement of PG students in UG teaching – Yes.
- Health day celebrations – Yes

1. Mentorship of Undergraduate & Postgraduate students.
2. Research activities – engagement of postgraduate students on research on topics of psychiatric importance.
3. Health Camps – Involvement of Postgraduate students in health camps.
4. Health Awareness and Education Campaigns – Organization and participation in awareness campaigns on health topics such as Mental health and Substance use

**Services Available:** Psychiatry OPD and IPD, Electro-convulsive Therapy (ECT), rTMS, psychological testing, Counselling and Psychotherapy, Child psychiatry clinic, Geriatric psychiatry clinic, UDID psychiatric services, Tobacco Cessation Centre (TCC), Deaddiction clinic.

**Instruction for Patients:**

- Kindly bring previous treatment documentation for accurate and speedier assessment.
- Patients requiring in-patient management must have an attendant (preferably of the same sex) with them 24/7 during ward stay.