



**DEPARTMENT OF GERIATRIC MEDICINE**  
**GRANT GOVERNMENT MEDICAL COLLEGE &**  
**SIR J.J. HOSPITAL BYCULLA, MUMBAI, INDIA. PIN: 400008**  
**EMAIL: [geriatricgmcijh@gmail.com](mailto:geriatricgmcijh@gmail.com)**

**FACULTY**

<b>Designation</b>	<b>Number</b>	<b>Name of Faculty</b>	<b>Total number of Admission (Seats)</b>
Professor & Head	1	Dr. Laxmandas Triloknath Rawat	<b>4 seats</b>
Associate Professor	1	Dr. Rohan Savio Sequeira	
Assistant Professor	1	Dr. Milind Khade	
Senior Resident	2	Dr. Bhavika Pahwa Dr. Praveen Kumar Tasir	

SrNo	Name	AEBAS Attend ID	Photo	Educational qualification	Latest designation	Department	Registration NumberMMC	Nature Of Employment	Total Teaching Experience
1	<b>Dr. Laxmandas Trilokinath Rawat</b>	In Process		MBBS, MD GENERAL MEDICINE	Professor & Head	Geriatric Medicine	52754 (Maharashtra Medical Council)	Contractual	22 Years
2	<b>Dr. Rohan Savio Sequeira</b>	In Process		MBBS, MD GENERAL MEDICINE	Associate Professor	Geriatric Medicine	88139 (Maharashtra Medical Council)	Contractual	7 Years 6 months
3	<b>Dr. Milind Khade</b>	15318864		MBBS, MD GERIATRIC MEDICINE	Assistant Professor	Geriatric Medicine	2015125446 (Maharashtra Medical Council)	Contractual	2 Years

4	<b>Dr. Bhavika Pahwa</b>	88740585		MBBS, MD GERIATRIC MEDICINE	Senior Resident	Geriatric Medicine	UPMC-91959 (Uttar Pradesh Medical Council)	Contractual	8 months
5	<b>Dr. Praveen Kumar Tasir</b>	16491890		MBBS, MD GERIATRIC MEDICINE	Senior Resident	Geriatric Medicine	RMC-53866 (Rajasthan Medical Council)	Contractual	8 months

## RESIDENTS

<b>Sr. No</b>	<b>NAME OF THE RESIDENT</b>	<b>NAME OF GUIDE</b>	<b>TITLE OF THESIS</b>	<b>ADMISSION YEAR</b>
1.	DR. RAJAT SINGAM 10-OCT-2023	DR. VRINDA SAHASRABHOJANEY	ASSESSMENT OF FRACTURE RISK BY FRAX SCIRE AND ITS CORRELATION WITH INSULIN RESISTANCE, BODY MASS INDEX AND HBA1C IN GERIATRIC PATIENTS AT TERTIARY CARE HOSPITAL	2023
2.	DR. SACHIN KOLLI 11-OCT-2023	DR. VRINDA SAHASRABHOJANEY	A CROSS-SECTIONAL STUDY OF PREVALENCE OF FRAILITY TO EVALUATE DIFFERENT DOMAINS OF FRAILITY IN GERIATRIC POPULATION COMING TO GERIATRIC MEDICINE	2023
3.	DR. SAROJA SHINDE 11-OCT-2023	DR. VRINDA SAHASRABHOJANEY	ASSESSMENT OF COGNITIVE FUNCTION AND ITS COMORBIDITIES CORRELATION IN WITH PATIENTS ATTENDING GERIATRIC OUTPATIENT AND INPATIENT DEPARTMENTS IN TERTIARY CARE CENTRE	2023
4.	DR. ABHIJEET REPAL 1-NOV-2023	DR. MAYUR HEDAU	TO STUDY PREVALENCE OF GERIATRIC SYNDROMES IN GERIATRIC PATIENTS ATTENDING A TERTIARY CARE HOSPITAL WITH COMPREHENSIVE GERIATRIC ASSESSMENT	2023

6.	DR. GAIKWAD DEEPA JITENDRA 24 FEB 2025	In Process	In Process	2025
7.	DR. RAKSHA DWIVEDI 27 FEB 2025	Dr. Rohan Savio Sequeria	A CROSS-SECTIONAL STUDY OF PREVALENCE OF MOTORIC COGNITIVE RISK SYNDROME AND ITS ASSOCIATION WITH METABOLIC SYNDROME IN GERIATRIC POPULATION COMING TO GERIATRIC DEPARTMENT	2025
8.	DR. ATUL KUMAR KASAUNDHAN 27 FEB 2025	Dr. Rohan Savio Sequeria	A PROSPECTIVE STUDY OF WEEKLY VS DAILY LEVOTHYROXINE THERAPY IN OLDER ADULTS WITH HYPOTHYROIDISM	2025

### **ACADEMIC ACTIVITIES**

<b>Sr. No.</b>	<b>Details</b>
1.	Seminars (PG Activities, University Seminars)
2.	Journal Clubs
3.	Case presentations
4.	Group discussions
5.	Undergraduate Teaching

### **Postings of PGs in other departments/elsewhere:**

a) Departments	Medicine, MICU, Neurology, Nephrology, Cardiology, Physiotherapy and Rehabilitation etc.
b) Other institutions	NA
c) District/State/Health Organization. (including District Residency Program)	GT HOSPITAL

- PG students are posted outside the department at least for the minimum period as specified in latest curriculum: Yes
- Involvement of PG students in UG teaching – Yes.
- International Old Age Day Celebration – Yes
- Old age home visits (Minimum 2/year) - Yes

## **COURSES OFFERED BY DEPARTMENT OF GERIATRIC MEDICINE**

- MD GERIATRIC MEDICINE

### **ABOUT THE DEPARTMENT:**

The department has 1 unit, 30 beds (Acute Care), 45 beds (Chronic Care), Daily OPD from 8.30am to 2 pm.

#### DAILY OPD: -

- Approximately 30-40 patients per day

#### Specialty Clinics –

- *Monday* - Fall and Osteoporosis Clinic in association with physiotherapy department
- *Wednesday* - Memory Clinic in association with neurology department
- *Friday* - Frailty Clinic in association with physiotherapy department
- Daily Urinary Incontinence Clinic.
- Health education video in OPD
- Social Worker helps needy patients for financial as well as supporting aids.
- Help desk for Elderly and Caregiver counselling
- Counselling of patients and family members: The majority of elderly patients rely on their caregivers for both daily activities and financial support, thus it's critical that the department works to enhance the patients' well-being by providing in-depth counseling to their caregivers. Every day, residents and faculty take counselling sessions of family members.
- Celebration of various International and National days (Elderly Abuse Awareness Day, World Cancer Day, Alzheimer's Day, World Health Day, World Diabetes Day, World Heart Day)

#### **IPD Work –**

Patient evaluation and management

- Procedures Done: Bone marrow Aspiration and Biopsy, Pleural Tapping, Ascitic Tapping, Lumbar Puncture, Central line insertion and Intubation
  - Comprehensive Geriatric Assessment of all IPD patients
  - Resident are posted by rotation in Medicine, ICU, MICU, Emergency, Dialysis unit, Neurology, Psychiatry, Dermatology, Physiotherapy and rehabilitation.
  - Health education posters in ward
- Yoga demonstration by Residents to stable patients and caregivers in Ward.
- Stroke Counselling of relatives of patients with stroke admitted in Geriatric ward regarding RT, Foley's Care, Physiotherapy, Medication Compliance, Nutrition, Bed sore prevention and care.
  - Pulmonary Function tests in patients with respiratory diseases.
  - Relatives Counselling regarding cleanliness of ward, waste segregation and COVID Care practices

## **EQUIPMENTS AVAILABLE IN WARD:**

- Assistive Devices – Walking frames, Wheel chairs, Bedside Chairs
- Medical Equipment: Central Oxygen supply, ECG machine, Nebulizer, Suction Apparatus, Cardiac Monitor, Pulse Oximeter, Alpha Beds, Ambu bag, Laryngoscope.
- Lab equipment's – Infusion pump, Glucometer
- Audio visual aids: TV, LCD Projector, Speaker (the beds, partition and some of the equipment's have been acquired through small donations.)

## **PG ACTIVITIES:**

Regular PG activities like

- Case Presentations and Discussion
- Seminars
- Group Reading
- Participation in Clinical Meet OF College
- Regular tests
- Thesis review
- Journal Club

## **Department has:**

- Classroom / Lecture Hall
- Library with 30 Geriatrics and Allied Medical books

## **ADDITIONAL ACTIVITIES:**

- 2 visits to old age homes in and near Mumbai.
- Videos made by Department: Yoga Demonstrations, Urinary incontinence, Exercise
- General Public Awareness

## **AWARDS AND ACHIEVEMENTS:**

- Dr Rajat Singam - **1<sup>st</sup> prize in Paper presentation** on “Screening and Prevention of Falls Using Morse Fall Scale and TUG Test in Geriatric OPD Patients at Tertiary Care Centre, Mumbai” at **National Annual Conference (GSICON)** in 2023 held at Mangalore, Karnataka.
- On occasion of 181 years of Teaching and Healing celebrations of Grant Government Medical College and Sir JJ Group of Hospitals, Mumbai, Geriatric Medicine Department was rewarded with **Best Emerging Department** of the year on 15<sup>th</sup> August 2025.

**Clinical Workload of Geriatric Medicine Department (OPD + IPD)**

Months Date	Jan	Febr	March	April	May	June	July	Aug	Sep	Oct	Nov	Dec
1	46	53	51	53	51	54	53	48	47	48	57	48
2	47	46	47	46	47	54	56	47	46	47	54	48
3	46	47	46	47	46	53	53	49	48	46	53	48
4	48	47	48	47	48	48	55	48	50	48	56	47
5	48	56	48	56	48	56	51	48	57	50	53	49
6	48	49	48	49	48	54	47	48	53	46	55	48
7	47	54	47	54	47	54	46	47	46	46	51	48
8	46	54	46	54	46	56	48	56	47	47	47	48
9	48	53	48	53	48	57	48	54	47	46	46	47
10	50	48	50	48	50	54	48	54	56	48	48	56
11	53	56	46	46	46	53	47	56	49	48	48	54
12	46	54	51	47	51	56	46	57	54	48	48	54
13	47	54	47	46	47	53	48	54	54	47	47	56
14	47	56	46	48	46	54	47	54	47	57	46	57
15	56	57	48	48	48	54	46	54	46	53	48	54
16	49	54	48	48	48	53	48	53	48	46	46	54
17	54	53	48	47	48	48	50	48	50	47	47	53
18	54	56	47	46	47	56	46	46	46	47	46	56
19	53	53	49	48	46	54	51	47	51	56	48	53
20	48	55	48	50	48	54	47	46	47	54	47	54
21	56	51	48	57	50	56	46	48	46	54	46	56
22	54	47	48	53	46	57	48	48	48	53	48	57
23	54	46	47	46	46	54	48	48	48	48	50	54
24	56	48	56	47	47	53	48	47	48	46	46	53
25	57	48	54	47	46	56	47	46	47	47	51	56
26	54	48	54	56	48	53	49	48	46	46	47	53
27	53	47	56	49	48	55	48	50	48	48	46	54
28	56	46	57	54	48	51	48	57	50	48	48	54
29	53	48	54	54	47	47	48	53	46	48	48	53
30	55	50	53	53	46	54	48	54	56	47	48	48
31	51	46	56	48	57	53	47	56	49	46	47	56