






**DEPARTMENT OF COMMUNITY MEDICINE  
GRANT GOVERNMENT MEDICAL COLLEGE &  
SIR J.J. HOSPITAL BYCULLA, MUMBAI, INDIA. PIN: 400008  
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### **FACULTY**








Designation	Number	Name of Faculty	Total number of PG Admission (Seats)
Professor & Head	1	Dr Geeta Pardeshi	<b>15 Seats</b>
Associate Professor	7	Dr. Ranjit Mankeshwar Dr. Lalit Sankhe Dr. Chhaya Rajguru Dr. Rakesh Waghmare Dr. Anjali Mall Dr. Pallavi Uplap Dr. Prashant Howal	
Assistant Professor	5	Dr. Mandar Sadawarte Mrs Archana Meshram (Biostatistician) Dr. Sonal Shetye Dr Payal Andole Dr Anand Vijay	
Senior Resident	7	Dr. Milind Awad Dr. Erum Naaz Dr. Chayanika Biswas Dr. Neha Shet Dr. Supriya A. S. Dr. Aditi Rathod Dr. Lokesh Raaj Krishna R. S.	




<b>Sr No</b>	<b>Name</b>	<b>Photo</b>	<b>Educational qualification</b>	<b>Latest designation</b>	<b>Registration Number MMC</b>
1	Dr. Geeta Shrikar Pardeshi		MBBS, MD, MPH.	Professor & Head	0788431 1999
2	Dr. Ranjit Jayant Mankeshwar		MBBS, MD.	Associate Professor	63099 24/01/2008
3	Dr. Lalit Raghunath Sankhe		MBBS, MD.	Associate Professor	2000031933 28/03/2000

4	Dr. Chhaya Nitin Waghmare		MBBS, MD.	Associate Professor	2000021073 22/03/2000
5	Dr. Rakesh Waghmare		MBBS, MD, DNB.	Associate Professor	2009/11/3676
6	Dr. Anjali Sunil Mall		MBBS, MD, Ph.D	Associate Professor	UG-040672 PG-24717

7	Dr. Pallavi Anil Uplap		MBBS, MD.	Associate Professor	2002/02/0542
8	Dr. Prashant Vilas Howal		MBBS, MD, AFIH.	Associate Professor	2004/04/2146
9	Dr. Mandar Krishnakumar Sadawarte		MBBS, MD, DNB.	Assistant Professor	2009/11/3676

10	Mrs. Archana Rajesh Meshram		MSc Statistician	Biostatistician cum Assistant Professor	Not Applicable
11	Dr. Sonal Dipak Shetye		MBBS, MD.	Assistant Professor	2018063255
12	Dr Payal Pravin Andole		MBBS, MD.	Assistant Professor	2018041027

13	Dr ANAND VIJAY V L		MBBS, MD.	Assistant Professor	60332 2023/09/6548
14	Dr. Milind Nilkanth Awad		MBBS, MD	SENIOR RESIDENT	2018/05/2330
15	Dr. Erum Naaz		MBBS, MD	SENIOR RESIDENT	2024098913

16	Dr. Chayanika Biswas		MBBS, MD	SENIOR RESIDENT	2023/02/0466
17	Dr. Neha Nitin Shet		MBBS, MD	SENIOR RESIDENT	2020/12/6933
18	Dr. Supriya A. S.		MBBS, MD	SENIOR RESIDENT	2022129603



19	Dr. Aditi Anil Rathod		MBBS, MD	SENIOR RESIDENT	2021076960
20	Dr. Lokesh Raaj Krishna R. S.		MBBS, MD	SENIOR RESIDENT	2019/09/6170

### **RESIDENTS**

<b>SR. NO.</b>	<b>NAME OF THE RESIDENT</b>	<b>NAME OF GUIDE</b>	<b>TITLE OF THESIS</b>	<b>ADMISSION YEAR</b>
<b>1.</b>	DR. SIVASUBRAMANIAM S A 01/02/2022	DR RANJIT MANKESHWAR	FACTORS AFFECTING OUTCOME OF LONGER REGIMEN MULTIDRUG RESISTANT TUBERCULOSIS TREATMENT IN ATERTIARY CARE HOSPITAL IN A METROPOLITAN CITY: AN AMBI-SPECTIVE COHORT STUDY	2021
<b>2.</b>	DR SWOYAMPRAVA KUNDU 29/04/2022	DR RANJIT MANKESHWAR	A CASE CONTROL STUDY TO ASSESS THE ASSOCIATION BETWEEN OBESITY AND ASTHMA IN A TERTIARY CARE HOSPITAL, MAHARASHTRA	2021
<b>3.</b>	DR. JAIGANESH R 24/02/2022	DR RANJIT MANKESHWAR	HEPATITIS B VACCINATION STATUS AND IMMUNE RESPONSE AMONG INTERNS AND RESIDENT DOCTORS IN A MEDICAL COLLEGE HOSPITAL INA METROPOLITAN CITY – A CROSS-SECTIONAL STUDY	2021

4.	DR SHUBHAM THAKRE 26/04/2022	DR USHA RANGANATHAN	A CROSS-SECTIONAL STUDY TO ASSESS KNOWLEDGE, ATTITUDE AND PRACTICE REGARDING HOSPITAL WASTE MANAGEMENT IN CLASS 4 WORKERS IN TERTIARY CARE HOSPITAL IN MUMBAI.	2021
5.	DR ASWYN J KUNNUNGAL 18/02/2022	DR USHA RANGANATHAN	A CROSS- SECTIONAL STUDY TO ASSESS THE PREVALENCE OF POSTNATAL DEPRESSION AND ITS PREDICTORS AMONG WOMEN ATTENDING A TERTIARY CARE HOSPITAL IN MAHARASHTRA	2021
6.	DR SHITAL LOKHANDE 04/04/2022	DR LALIT SANKHE	TO STUDY THE PEER EDUCATOR COMPONENT OF THE RASTRIYAKISHOR SWAASTHYA KARYAKRAM PROGRAM IN A TRIBAL DISTRICT OF MAHARASHTRA: A MIXED METHOD STUDY.	2021
7.	DR JAGRUTI DESHMUKH 11/3/2022	DR LALIT SANKHE	A CROSS-SECTIONAL STUDY TO ACCESS THE FACTORS INFLUENCING UTILIZATION OF CANCER CARE SERVICES BY FEMALE PATIENTS ATTENDING TERTIARY CARE HOSPITAL.	2021
8.	DR JADHAO ARUNA 06/05/2022	DR CHHAYA RAJGURU	A CROSS-SECTIONAL STUDY TO ASSESS THE AWARENESS AND UTILIZATION OF SERVICES UNDER JANANI SHISHU SURAKSHA KARYAKRAM AMONGST BENEFICIARIES IN TRIBAL DISTRICT OF MAHARASHTRA.	2021

9.	DR PRASHANT KHALKAR 26/04/2022	DR CHHAYA RAJGURU	COMMUNITY BASED CROSS SECTIONAL STUDY TO ASSESS COVERAGE AND UTILIZATION OF HEALTH INSURANCE SCHEME FOCUSING AYUSHMAN BHARAT SCHEME IN A TRIBAL POPULATION OF MAHARASHTRA.	2021
10.	DR RAJESH BANDGAR 29/03/2022	DR PALLAVI UPLAP	AN ASSESSMENT OF PREPAREDNESS OF PRIMARY HEALTH CARE PROVIDERS REGARDING POPULATION BASED CANCER SCREENING AT HEALTH AND WELLNESS CENTERS IN A TRIBAL DISTRICT OF MAHARASHTRA -A MIXED METHOD, DESCRIPTIVE STUDY	2021
11.	DR MANEESHA N 22/02/2022	DR PALLAVI UPLAP	A CROSS-SECTIONAL STUDY TO ASSESS THE BURDEN ON CAREGIVERS OF PHYSICALLY DISABLED PERSONS IN A TRIBAL DISTRICT OF MAHARASHTRA	2021
12.	DR PAYAL CHAVAN 10/3/2022	DR PRASHANT HOWAL	A CASE CONTROL STUDY OF PROFILE OF MODIFIABLE AND NON-MODIFIABLE RISK FACTORS IN STROKE IN A TERTIARY CARE HOSPITAL IN MAHARASHTRA	2021
13.	DR KOMAL SHELKE 29/04/2022	DR PRASHANT HOWAL	PROFILE OF RISK FACTORS IN ADULT PATIENTS OF NON ALCOHOLIC FATTY LIVER DISEASE IN TERTIARY CARE HOSPITAL OF METROPOLITAN CITY: A CASE CONTROL STUDY	2021

14.	DR SUCHITRA SHARMA 10/02/2022	DR ANJALI MALL	SMOKE FREE COMPLIANCE ASSESSMENT STUDY IN MUMBAI CITY UNDER THE CIGARETTE AND OTHER TOBACCO PRODUCT ACT 2003:A CROSS-SECTIONAL STUDY	2021
15.	DR SUSHMITA 29/04/2022	DR MANDAR SADAWARTE	AN ASSESSMENT OF QUALITY OF LIFE AND PREVALENCE OF DEPRESSION, ANXIETY, AND STRESS IN PERSONS AFFECTED BY DRUG- RESISTANT TUBERCULOSIS IN A TERTIARY CARE HOSPITAL IN A METROPOLITAN CITY: A DESCRIPTIVE CROSS- SECTIONALSTUDY	2021

1.	DR ZAINAB WARISHA 29-OCT-2022	DR GEETA PARDESHI	ASSOCIATION OF GENDER WITH SELF-MANAGEMENT OF TYPE 2 DIABETES MELLITUS AMONG PATIENTS ATTENDING OUTPATIENT DEPARTMENT OF HEALTH CARE CENTERS IN A METROPOLITAN CITY - A CROSS-SECTIONAL STUDY	2022
2.	DR. ARJUN RAMCHANDRA JOSHI 25-OCT-2022	DR ANJALI MALL	A COMMUNITY BASED CROSS SECTIONAL STUDY TO EVALUATE ECCE COMPONENT OF ICDS PROGRAMME IN ANGANWADI WORKERS IN TRIBAL DISTRICT OF MAHARASHTRA.	2022
3.	DR. ANJANA I 29-OCT-2022	DR CHHAYA RAJGURU	A CROSS-SECTIONAL STUDY TO ASSESS MINIMUM ACCEPTABLE DIET AND INFLUENCING FACTORS AMONG 6-23 MONTHS OLD CHILDREN IN A TRIBAL DISTRICT OF MAHARASHTRA	2022

4.	DR. SAMPAT NAGNATH SURYAWANSHI 1-NOV-2022	DR PALLAVI UPLAP	ASSESSMENT OF BREASTFEEDING PRACTICES AND FACTORS ASSOCIATED WITH IT- A CROSS- SECTIONAL STUDY AMONG MOTHERS IN A TRIBAL DISTRICT OF MAHARASHTRA	2022
5.	DR SUMANA MUKHOPADHYAY 14-NOV-2022	DR PRASHANT HOWAL	COMMUNITY BASED CROSS SECTIONAL STUDY TO ASSESS PREVALENCE OF ANXIETY DISORDERS AMONG ADOLESCENTS IN RURAL AND URBAN AREA OF WESTERN INDIA	2022
6.	DR. DINESH A 24-NOV-2022	DR ANJALI MALL	A DESCRIPTIVE STUDY ON HEALTH-RELATED QUALITY OF LIFE AND TREATMENT ADHERENCE OF PATIENTS HAVING TUBERCULOSIS WITH DIABETES MELLITUS ON ANTI-TUBERCULAR THERAPY IN A TERTIARY CARE HOSPITAL OF A METROPOLITAN CITY	2022
7.	DR. MALA ASHWINI 24-NOV-2022	DR MANDAR SADAWARTE	THE IMPACT OF STILLBIRTH ON MATERNAL MENTAL HEALTH IN TERTIARY CARE HOSPITAL IN MAHARASHTRA: A DESCRIPTIVE CROSS- SECTIONAL STUDY	2022
8.	DR. RINAL GOVARDHAN BISEN 7-NOV-2022	DR RANJIT MANKESHWAR	ASSESSMENT OF ADHERENCE TO TREATMENT IN PEDIATRIC TUBERCULOSIS PATIENTS AT A TERTIARY CARE HOSPITAL: A CROSS- SECTIONAL STUDY	2022

9.	DR. NITA KHELBA GATE 7-NOV-2022	DR GEETA PARDESHI	A CROSS-SECTIONAL STUDY COMPARING THE PREVALENCE AND PATTERN OF SELF MEDICATION AMONG ADULT AND ELDERLY PATIENTS ADMITTED IN A TERTIARY CARE HOSPITAL	2022
10.	DR SANTOSH MAHAJAN 16-NOV-2022	DR LALIT SANKHE	A CROSS-SECTIONAL STUDY TO ASSESS THE UTILIZATION GAP IN THE INSTITUTIONAL DELIVERY PROMOTING SCHEME IN THE TRIBAL DISTRICT OF MAHARASHTRA.	2022
11.	DR. KAPIL SHARMA 17-NOV-2022	DR CHHAYA RAJGURU	A CROSS SECTIONAL STUDY TO ASSESS THE PREVALENCE OF BEHAVIOURAL RISK FACTORS OF NON COMMUNICABLE DISEASES AMONG 18-30 YEAR OLD INDIVIDUALS ATTENDING UHTC(URBAN HEALTH TRAINING CENTRE) ATTACHED TO GOVERNMENT MEDICAL COLLEGE.	2022
12.	DR SHESHRAO MAROTIRAO KAMBLE 29-NOV-2022	DR RAKESH WAGHMARE	A LONGITUDINAL STUDY TO ASSESS THE SOCIO DEMOGRAPHIC AND CLINICAL PROFILE OF PATIENTS ATTENDING NEWLY STARTED DEDICATED THYROID CLINIC OF TERTIARY CARE TEACHING HOSPITAL AND USEFULNESS OF DEDICATED OPD IN MANAGEMENT OF THYROID CASES	2022

13.	DR. ABHISHEK BANYAL 16-JAN-2023	DR RAKESH WAGHMARE	A LONGITUDINAL STUDY OF EPIDEMIOLOGICAL FACTORS RELATED TO ROAD TRAFFIC ACCIDENTS AND ITS IMPACT ON PATIENTS AND TREATMENT OUTCOME	2022
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1.	DR. SHAHRUKH SULEMAN KHAN 4-SEP-2023	DR RAKESH WAGHMARE	A CROSS-SECTIONAL STUDY TO ASSESS THE OUT-OF- POCKET EXPENDITURE IN HUMAN IMMUNODEFICIENCY VIRUS POSITIVE PATIENTS ENROLLED AT A TERTIARY CARE HOSPITAL OF A METROPOLITAN CITY IN MAHARASHTRA	2023
2.	DR. DHIRENDRAKUMAR VISHWANATH YADAV 18-SEP-2023	DR. CHHAYA RAJGURU	A CROSS-SECTIONAL STUDY TO ASSESS THE PREVALENCE AND INFLUENCING FACTORS OF INTERNET GAMING DISORDERS AMONG MBBS STUDENTS IN A METROPOLITAN CITY OF MAHARASHTRA.	2023
3.	DR. SIVA PRASAD REDDY BOMMU 30-SEP-2023	DR. ANJALI MALL	ASSESSING SELF-STIGMA AND HELP-SEEKING ATTITUDE AMONG PATIENTS WITH SUBSTANCE USE DISORDER ATTENDING DE-ADDICTION CENTER AT A TERTIARY LEVEL HOSPITAL- A CROSS-SECTIONAL STUDY	2023



4.	DR. AISHWARYA.B 4-OCT-2023	DR. PALLAVI UPLAP	ASSESSMENT OF OCCUPATIONAL STRESS AMONG MUNICIPAL PRIMARY AND SECONDARY SCHOOL TEACHERS IN A METROPOLITAN CITY OF MAHARASHTRA -A CROSS SECTIONAL STUDY	2023
5.	DR. AFIFA MOMIN 6-OCT-2023	DR RANJIT MANKESHWAR	ASSOCIATION OF TREATMENT ADHERENCE WITH HEALTH- RELATED QUALITY OF LIFE OF PATIENTS HAVING DRUG RESISTANT TUBERCULOSIS ATTENDING HEALTH CARE CENTERS IN WESTERN MAHARASHTRA - A CROSS- SECTIONAL STUDY	2023
6.	DR AJITH R 5-OCT-2023	DR RANJIT MANKESHWAR	CAREGIVER BURDEN AND QUALITY OF LIFE AMONG PRIMARY CAREGIVERS OF DRUG-RESISTANT TB PATIENTS IN A TERTIARY CARE HOSPITAL IN A METROPOLITAN CITY	2023
7.	DR AKSHAY JADHAO 12-OCT-2023	DR. CHHAYA RAJGURU	DESCRIPTIVE STUDY TO ASSESS THE FACTORS INFLUENCING TELEMEDICINE SERVICES IN PERSPECTIVE OF TELEMEDICINE SERVICE PROVIDERS AND BENEFICIARIES IN PALGHAR DISTRICT OF MAHARASHTRA.	2023
8.	DR JOYCE BARDESKAR 16-OCT-2023	DR GEETA PARDESHI	ASSOCIATION OF FRAILTY AND FEAR OF FALL IN ELDERLY POPULATION ATTENDING THE OUTPATIENT DEPARTMENT OF HEALTH CARE CENTERS IN WESTERN INDIA A CROSS-SECTIONAL STUDY	2023

9.	DR. BARATE DEEPAK TANAJI 16-OCT-2023	DR GEETA PARDESHI	KNOWLEDGE AND ATTITUDE OF KEY COMMUNITY MEMBERS TOWARDS TUBERCULOSIS (TB) AND THEIR INVOLVEMENT IN THE NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME (NTEP) IN A DISTRICT OF WESTERN MAHARASHTRA: A MIXED METHOD STUDY.	2023
10.	DR. MINAL BORODE 17-OCT-2023	DR. ANJALI MALL	A CROSS-SECTIONAL STUDY ON HEALTH PROFILE OF ADOLESCENT GIRLS FROM WESTERN MAHARASHTRA”	2023
11.	DR. TALHA NADEEM ABDUL KHALIQUE 17-OCT-2023	DR. RANJIT MANKESHWAR	TO ASSESS OUT OF POCKET EXPENDITURE AMONG DIABETIC FOOT ULCER PATIENTS IN A TERTIARY CARE HOSPITAL IN WESTERN MAHARASHTRA - A CROSS- SECTIONAL STUDY	2023
12.	DR. DHEERAJ KUMAR SATYANARAYAN MEENA 16-OCT-2023	DR. RAKESH WAGHMARE	STRESS AND BURNOUT AMONG RESIDENT DOCTORS OF TERTIARY CARE TEACHING HOSPITAL OF A METROPOLITAN CITY: A PROSPECTIVE STUDY	2023
13.	DR RAJAN BAPU SHELKE 1-NOV-2023	DR. MANDAR SADAWARTE	UTILIZATION OF ANTENATAL CARE SERVICES UNDER PRADHAN MANTRI SURAKSHIT MATRITVA ABHIYAN AND ITS IMPACT ON PREGNANCY OUTCOME IN A TRIBAL DISTRICT OF MAHARASHTRA; A CROSS- SECTIONAL STUDY	2023

14.	DR. SURESH PANDURANG THOKAL 6-NOV-2023	DR. LALIT SANKHE	A STUDY ASSESSING THE PREPAREDNESS TOWARDS ACHIEVING THE GOAL OF END TUBERCULOSIS BY 2030 IN THE RANDOMLY SELECTED DISTRICT OF MAHARASHTRA - MIX METHODOLOGICAL STUDY	2023
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### **ACADEMIC ACTIVITIES**

Sr. No.	Details
1.	Seminars (PG Activities, University Seminars)
2.	Journal Clubs
3.	Case presentations
4.	Group discussions
5.	Guest lectures
6.	Physician conference/ Continuing Medical Education (CME) organized.
7.	Symposium
8.	Undergraduate Teaching

### **Postings of PGs in other departments/elsewhere:**

a) Departments	Medicine (ART), Geriatric Medicine, Blood bank, Microbiology, Pediatrics etc.
b) Other institutions	AHO Surveillance, Kasturba Hospital, Chinchpokali, Mumbai
c) District/State/Health Organization. (including District Residency Program)	MMM SATABDI HOSPITAL -GOVANDI, Mumbai, CTO (City TB Office, Chinchpokli), AHO Eastern Bureau, Mulund, FWMCH, F south office, AHO EPI, F ward HQ, MoH, M/E ward office, Govandi (west)

- PG students are posted outside the department at least for the minimum period as specified in latest curriculum: Yes
- Involvement of PG students in UG teaching – Yes.
- Health day celebrations - Yes
- Initiatives in improving public health system:  
(Includes the extension activities, consultancy, outbreak investigation, collaborative activities)

1. **Health Education & Awareness Campaigns-**

- a) Conducted Public Health Workshops & Seminars on preventive measures like maternal and child health, sanitation, vaccination, and lifestyle diseases.
- b) Collaborate with Schools: Conduct health education programs in schools to promote hygiene, nutrition, physical activity, and mental health.
- c) Spread awareness on health topics like immunization, sanitation, and the prevention of communicable and non-communicable diseases at UHTC and RHTC as per the celebration of various public health days.
2. **Research activities** – engagement of postgraduate students on community-based research on topic of public health importance
3. **Health Camps:** Organize regular health check-up camps in partnership with government health program.
4. **Collaborations with BMC** to work with local government bodies to improve sanitation, water supply, and waste management practices in the community
5. **Mobile LED** van to initiate health awareness on thyroid, breast cancer, obesity and NCDs to provide healthcare in remote or underserved areas.
6. **Capacity Building for Healthcare Workers:** Provide training programs for local health workers (ASHA workers, midwives, community health officers) to improve their skills in managing common public health issues at RHTC and UHTC catering areas.
7. **Linkage and referral** of patients from RHTC & UHTC to Tertiary hospital.
8. **Community Participation:** Promoting the involvement of the local community in health-related decision-making and planning. Encourage community members to take active roles in monitoring public health services.
9. **Mentorship & Capacity Building of Undergraduate & Postgraduate students.**
10. **Field Exposure for Students:** Organize field visits and internships for medical students in community health settings to give them practical exposure to public health challenges.
11. **Interdisciplinary Collaborations:** Promote collaborations with other departments NHSRC, ICMR for various workshops.
12. Department of Community Medicine is involved in other undergraduate and post graduate courses run by the institute. Department also conducts **internship orientation programs** for **M.B.B.S. graduates** and **Bsc.PMT graduates**.

i. **Dept. of Community Medicine submitting data to government authorities:**

- A. Monthly Anti rabies Vaccination report to BMC surveillance officer from ARV OPD run by the dept.
- B. Monthly Yellow fever vaccination report to Govt of India (IHR).
- C. Monthly adult vaccination (OPV) report to Govt of India (IHR).

ii. **Participation in National Programs.**

1. Anti-Rabies Control Programme (Postexposure-prophylaxis vaccine in ARV OPD, Reporting of cases)
2. National Vector Borne Disease Control Programme (IEC activities)
3. Poshan Mah Celebration (Group activity)
4. National Programme Non-Communicable Disease Screening house to house & IEC, Reporting)
5. RMNCHA+N (IEC on Breastfeeding, Nutrition, Family Planning)
6. UIP (IEC activities in Urban & Rural Centers)
7. National Measles Elimination Programme (Surveillance activities)
8. National Sickle Cell Elimination Programme (IEC activities among school children).
9. Epidemic Investigation (IEC, Case Investigation, Reporting)

iii. **OPD Services:**

- Department of Community Medicine runs Anti-Rabies Vaccination OPD, Yellow Fever vaccination OPD and adult Immunization (Polio, Hepatitis B, etc.) OPD.
- The department is also conducting COVID vaccination since the time of pandemic.
- The Department also involved in Tobacco Cessation Services (TCS) OPD.

- Department of Community Medicine also runs the Urban Health Training Centre (UHTC) at BanDra & Rural Health Training Centre (RHTC) at Palghar,

### **URBAN HEALTH TRAINING CENTRE (UHTC BANDRA)**

Parameters	Details				
Name of the Centre	Urban Health Training Center, Bandra				
Population covered	6 lacs				
Since when started	1962				
Schedule of P.G. posting	2 months on rotation basis				
Number of Field Staff posted there	MO	LMO	Para-Medics		
	03	-	MSW	Staff Nurse	Other
			0	10	25
Distance from Medical College	By road – 13 kms				
Residential/Non-residential	Residential				
Specialty activities undertaken	-				
OPD	Yes				
Immunization	Yes				
Ante-natal	Yes				
Deliveries	Yes				
Family visits	Yes				
No of families adopted by PG students	5 Families per student.				

### **RURAL HEALTH TRAINING CENTRE (RHTC PALGHAR)**

Parameters	Details				
Name of the Centre	Rural Health Training Center, Palghar				
Population covered	615982 (Palghar district)				
Since when started	1956				
Schedule of P.G. posting	2 months on rotation basis				
Field Staff posted there	MO	LMO	Para-Medics		
	01	02	MSW	Staff Nurse	Other
			06		
Distance from Medical College	By railway -80km/2hrs				

	By road – 120km/3hrs
Residential/Non-residential	Residential
Specialty activities undertaken	-
OPD	Yes
Immunization	Yes
Ante-natal	Yes
Deliveries	Yes
Family visits	Yes
No of families adopted by PG students	5 Families per student.

Urban Health & Training Centre, Bandra  
Department of Community Medicine  
Grant Government Medical College, Mumbai

Map of UHTC Bandra







The Urban health training center is established in 1962 and it is at 1.5 KM distance from Bandra Railway station (East). UHTC is situated at Bandra Government colony campus near Mahatma Gandhi High School.

### Catchment area for UHTC

The catchment area compromises the government employees and their families residing in the government colony. There are various types of staff quarter buildings for Class I-IV employees. The colony campus contains three schools, many temples, one community hall, one playground, various shops, banks and Market. The campus also contains a Government Colony Bus Depot.



There are 297 type “B” buildings in government colony. Each B building is four story and having 2 quarters on each floor. So there are total around **600 quarters**. 10-12 B buildings form a circular wing, which have a central open place and one main entrance. These B buildings are constructed for Class III employees. There are 7 buildings for class IV employees. These 7 buildings compromise **1244 quarters**.

So there are around **1850 families** living in catchment area of UHTC.



Figure: Type B Building Layout



Figure: Class IV Quarters

**Services provided at UHTC:**

- Medicine OPD and Indoor
- Pediatric OPD and Indoor
- Emergency Services
- Gynecology OPD and Indoor
- Dental OPD
- ANC Clinic (Tuesday & Friday)
- Sputum Collection Center
- Immunization Centre (Thursday)
- Weekly Specialize OPD: Skin, ENT, Ophthalmology, Orthopedics

**Facilities available at UHTC:**

- Basic Laboratory Services
- ECG
- X-Ray and USG
- Labour Room and Operation Theatre

**Staff:**

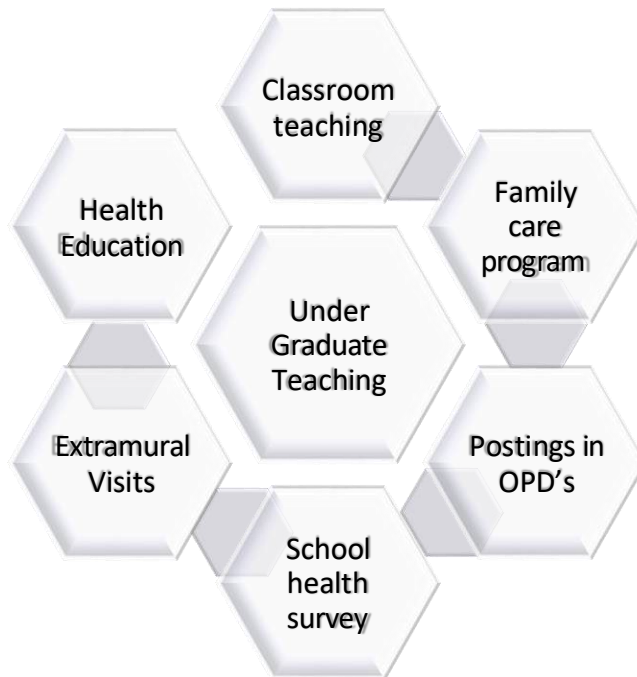
- **Medical Staff**  
Community Medicine Department: Professor  
Medicine Department: 2 Assistant Professor, 4 Residents  
Pediatrics Department: Assistant Professor  
Gynecology Department: Assistant Professor  
Anesthesia Department: Assistant Professor  
Radiology Department: Assistant Professor  
Dental Surgeon and Assistant  
3 Medical Officers and Interns
- **Paramedical Staff:**  
Nursing staff, Social Service Supritendent, Sanitary Inspector, pharmacist, Laboratory/ECG/X Ray Technician, Dresser
- **Administrative Staff:**  
Administrative Officer, Senior clerk, Junior Clerk, Telephone Operator, Peon

**Centre Upgradation:**

- IEC Material for health education and information
- Community Services:
  - Estimation of health burden of the community with the help of Residents and interns
  - Health day celebration to create awareness at the center and in community.
  - Family surveys by students
- Special OPD
  - Under 5 Clinic/ Well baby clinic

## UNDER GRADUATE TEACHING ACTIVITY

### Components of UG Teaching at UHTC



- Classroom teaching:
  - Lectures (II MBBS)
    - Introduction to Environmental Health
    - Water, Water pollution, water borne diseases
    - Purification of water
    - Air Pollution, Noise Pollution
    - Radiation Hazards
    - Waste Disposal
    - Hospital Waste Disposal
    - National Health Program and acts related to Environmental Health
  - Students seminar - Seminar will be presented by a group of students at the end of posting for a preallotted topic in front all medical staff of UHTC
- Family care program:
  - Only the defined catchment area will be served
  - Family surveys will be conducted by students with the help of predesigned family folders
- Rotational Postings in OPD's:
  - To orient the functioning of UHTC

- School health survey
  - To check the school children for common ailments like Dental carries, refractions, nutritional deficiencies
  - Health education regarding hygiene, sanitation, etc.
- Health Education (community and center)
  - Activities like Preparation of IEC material for UHTC center and community; health talk to patients in hospital and people in community
- Extramural Visits (for II MBBS)
 

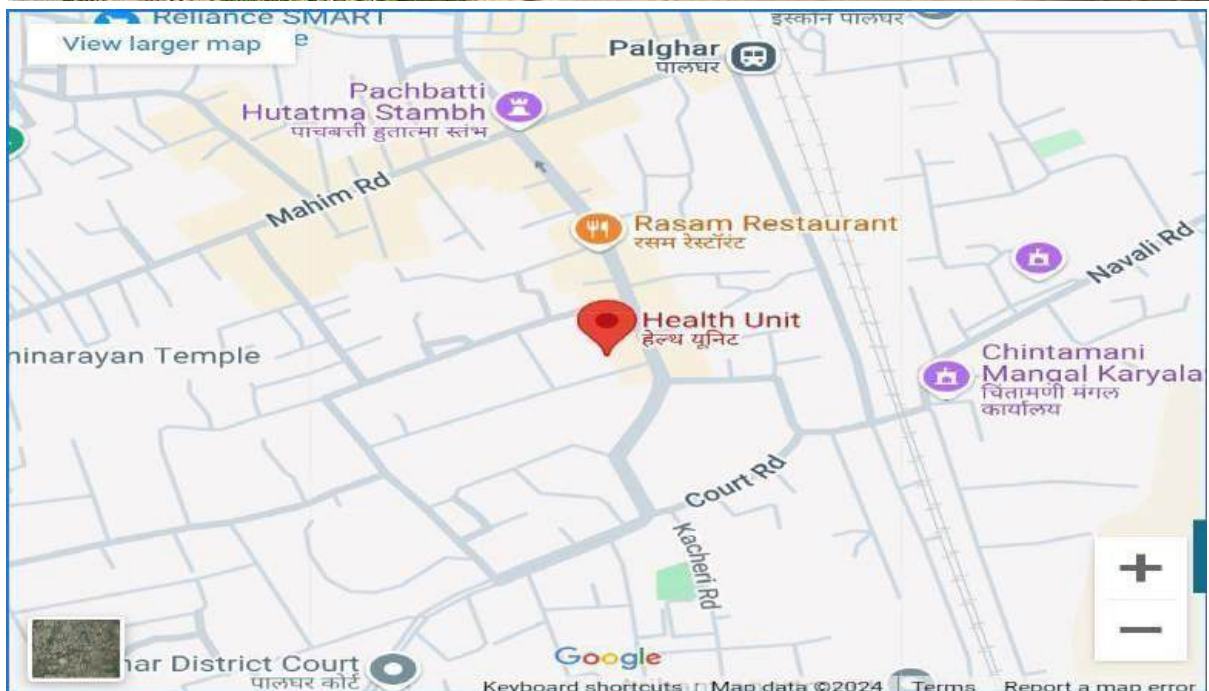
To orient regarding different health related institutes and partner agencies

  - Acworth Leprosy Hospital, Wadala
  - Indian Cancer society, Parel
  - All India Institute of Physical Medicine and Rehabilitation, Haji Ali
  - Fellowship for Physical Handicap, Haji Ali
  - Ali Yavar Jung Hearing Handicap Institute, Bandra
  - Salaam Mumbai Foundation, Churchgate
  - FDA Lab, Bandra
  - Aganwadi, Bandra
  - Gaurao Oraganisation, Santacruz
  - Santosh MR Child Centre, Santacruz



**Rural Health & Training Centre, Palghar**  
**Department of Community Medicine**  
**Grant Government Medical College, Mumbai**

**MAP OF RHTC PALGHAR**



Rural Health Training Centre Palghar, a distinguished Government hospital and training institute, operates under the esteemed Grant Government Medical Colleges and Sir J.J. Group of Hospitals in Mumbai. Established on November 9, 1956, this institution has been a cornerstone of healthcare and education in the region. Conveniently located 80 km away from Mumbai, on Kacheri Road in Palghar, it serves as a beacon of medical excellence for the community.

This unit is headed by Dean of Grant Government Medical College Dr. Pallavi Saple, Head of the Department of Community Medicine Dr. Geeta Pardeshi, and Associate Professor Dr. Rakesh Waghmare. The healthcare staff at RHTC includes Assistant Medical Officer, Lady medical officer, Dental surgeon, nursing staff, sanitary inspector, and lab technician. RHTC serves as a primary training centre for students of Grant Medical College Mumbai, offering them hands-on experience in community medicine and public health.

### **TRAINING AND EDUCATION**

RHTC manages the posting of MBBS interns, residents of Community Medicine, nursing students of all faculties, BSc PMT, and MPH students. It schedules lectures and orientations, plans and conducts various visits to health centres, provides training on health education and community mobilization and offers clinical management in OPD and IPD.

### **ONGOING FIELD PRACTICES AND RESEARCH PROJECTS**

RHTC is involved in ongoing field practices and research projects in and around the RHTC in Palghar. These include community-based cross-sectional studies and assessments on various topics such as the ECCE component of the ICDS program, the prevalence of anxiety disorders among adolescents, breastfeeding practices, utilization gaps in institutional delivery promoting schemes, and more.

### **STAFF**

In-Charge RHTC

- LMO
- AMO
- Dental Surgeon
- Public Health Nurse
- - Pharmacist
- - Statistical Assistant
- - Laboratory Technician
- - Staff Nurse
- - Health Educator
- - Sanitary Inspector
- - Senior Clerk
- - Junior Clerk
- - Health Visitor
- - Driver
- - Mukadam
- - Peon
- - Trained Dai

- - Attendent
- - Mazdoor
- - Cleaner cum Mazdoor
- - Cleaner cum Peon
- - Night Watchman
- - Mali
- - Sweeper
- - Female Sweeper

#### SERVICES:

- Dental
- Immunization
- Geriatric Therapy
- Obstetrics and Gynaecology
- General Medicine
- Oncology
- Pathology
- Medicine Store
- Sanitation

#### HOSTEL



Website: <https://rhtcpalghar.com/index.html>